

East Midlands Gymnastics Association



2014

WTC Competition Handbook

EMGA Committee

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East Midlands Regional Website: www.emgymnastics.org.uk

Women's Technical Committee

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The East Midlands Gymnastics Association, Women's Technical Committee wish to
acknowledge the Sponsorship and support of the following:



**The Zone
&
The Clubs who host the events.**

E.M.G.A W.T.C 2014 Competitions

All competitions will be at New College Leicester

<u>Date</u>	<u>Competition</u>	<u>Closing Date</u>
9th March	Club Grades 13 & 14	9 th February
23 rd March	National Club Grade 8,7, 6 & 5 (qualifiers) Regional Club Grade 12, 11, 10 & 9 Compulsory Levels 4 & 3 (qualifiers) East Midlands Compulsory 5	23 rd February
27th April	Floor & Vault	30 th March
15 th June	Open Age Senior & Junior Club Team	18 th May
21st September	Regional Championships Sen/Jun/Esp National In Age Level 4 & 3 (qualifiers) Open Age Champs (Level 3, 2 & Challenge Cup) Regional In age Level 5	24th August
12th October	Open Age Championships (Level 4)	14 th September
9 th November	Open Age Senior & Junior County Team	12 th October

Throughout the year the region in conjunction with British Gymnastics will be holding Performance Pathway clinics and camps. Dates to follow

National Competitions		
28/30 th March	British Championships	Liverpool
3rd/4 th May	Compulsory Grades 4 & 3	Birmingham
17/18 th May	National Grades 8-5	Birmingham
31 st May	Compulsory 2 & 1	Ipswich
21 st June	Challenge Cup	Guildford
6 th September	British Teams & Regional Individual Apparatus	Stoke
13 th September	Bill Slater Teams	Stoke
1 st /2nd November	British Age Group Finals Level 4, 3 & 2	Guildford
5 th December	Espoirs	Glasgow

Women's Technical Committee

GENERAL RULES AND REGULATIONS 2014

The following regulations will apply at all East Midlands Gymnastics Association Women's Technical Committee Competitions in 2014.

1 Affiliation

All East Midlands gymnasts must be a member of a gymnastics club that is affiliated to their county and the East Midlands Gymnastics Association. All gymnasts and coaches must be a member of the British Gymnastics Association (see note 2 below) and the EMGA WTC registration scheme (see note 1 below). Clubs must provide a photocopy of gymnasts BG membership cards with the WTC registration.

All East Midlands coaches, judges and officials must be members of the British Gymnastics and hold a up to date CRB and have attended a Safeguarding & Awareness course in the last three years. The level of membership should be appropriate to the qualification held. Coaches and Judges must be members of the EMGA WTC registration scheme.

Note 1: Gymnasts who only compete in the following regional competitions in 2014 are exempt from the EMGA WTC registration scheme:

- Club Grade 14
- Compulsory Grade 5 & In age Level 5
- Gymnasts competing in Regional Floor & Vault only

Note 2: Gymnasts must hold a minimum of BG Bronze Membership to compete in WTC competitions and be upgraded to Silver Competitive if competing in In age competitions.

Judges do not have to pay a registration fee but should be listed on the Club's registration form

2 Gymnast's Status

Gymnasts are not allowed to change between In Age and Open Age paths during the competition year.

Coaches should refer to competition rules for details on which competitions apply to which path.

3 Gymnastic Progression

Subject to BG Age Group Championship criteria, gymnasts who exceeded the following score thresholds at the East Midlands Individual competitions in 2013, must compete at the minimum level specified in 2014. Club and County Team scores are not part of this requirement.

*Scores over 44 points at In Age/Open Age Level 4 in 2013- compete at minimum level 3 in 2014
Scores over 44 points at In Age/Open Age Level 3 in 2013 - compete at minimum level 2 in 2014
Score over 44 points at In Age/ Open Age Level 2 in 2013– compete at minimum Challenge Cup in 2014*

4 Gymnast's Age

Age groups refer to the age the gymnast will reach during the competition year i.e. age at 31st December.

5 Gymnast Changing Clubs

The WTC must be informed of any gymnast changing clubs. Gymnasts may only compete in club team competitions for the club with which they were registered at the start of the competition year.

6 Competition Fees

Individual regional competition fees are £10 per gymnast for Open Age competitions and £17.50 for In Age & Compulsory 4- 2 & National grade 8-5 competitions.

Entry fees for national competitions will be announced at the qualifying competition and must be paid on that day.

Please refer to individual competition rules and entry forms for details of judging fees for all competitions.

Cheques should be made payable to EMGA and submitted by the entry cut off date as stated on the competition entry form. Late entries cannot be guaranteed a place and will be charged 3 (three) times the normal fee. If a postal strike or similar difficulties are experienced an email of the entry will be accepted as a temporary receipt if accompanied by a photocopy of the entry cheque until the original is received within 48 hours of the email.

If paying by bacs transfer please quote as a reference: wtc entry, name of your club and date of competition and sent a copy of transfer document with the entry form

Gymnasts representing the region at National competitions will required to pay a deposit for the regional kit when issued to them. The deposit will be refunded on return of the kit.

7 County Qualifying Competitions

Where qualification for regional competition is via a county qualifier, the county secretary or coach must supply a list of qualifiers, together with a list of results from the qualifying competition with the entry form and appropriate fee. Only gymnasts of clubs affiliated to EMGA may be included in county teams for regional competitions.

8 Team Competitions

Please refer to individual competition *rules and* entry forms for details of entry and judging fees for team competitions.

The following rules apply to the team competitions:

- Open-Age competitions: -
- There is no dedicated reserve; all members of the team may be selected to compete on individual apparatus subject to the max no of competitors as per individual competition rules.
 - Teams must be confirmed at registration and before warm up commences. Changes will not be allowed after registration other than the substitution of the reserve in the case of injury.
 - If an injury occurs during the warm up or competition the reserve may come into the team for the remaining pieces.

9 Withdrawal from Competition

Neither competition entry nor judging fee will be refunded in the event of a club/team/gymnast withdrawing from a competition.

10 Gymnast's Dress and Conduct

All gymnasts should be suitably dressed in a well fitting leotard. Long hair should be tied back. No jewellery is permitted.

11 Coaches Qualification, Dress and Conduct

Coaches must hold a current cycle British Gymnastics coaching qualification that covers the skills that their gymnasts are performing.

One coach per gymnast will be allowed in the competition area at individual competitions and team competitions

Coaches must be qualified to a minimum Women's Artistic standard of Level 2 Coach (General Gymnastic Level 2 coaches are allowed for Floor & Vault events). Level 1 Assistant coaches will be permitted on the competition floor for the purposes of pastoral care, presentation of gymnasts and placement of the springboard and mats only.

Coaches must be smartly dressed in a club / team uniform consisting of tracksuit or sports trousers and T-shirt / sweatshirt. Shorts / skirts are not permitted.

Coaches who do not adhere to the competition rules will be removed from the competition floor.

The only jewellery coaches are permitted to wear while in the competition area is a plain banded wedding ring. Small watches can be worn but must be removed when supporting a gymnast.

The following statement has been included on all entry forms for WTC events.

“When submitting entries for a British Gymnastics event the onus is on the Club/County and coaches to ensure that the coaches attending to the participants are qualified to the level of the participant's performance”.

It will be a condition of entry to a WTC event that this statement is signed and name printed on the entry form to all events.

12 Judges Dress and Conduct

All judges must have re qualified on F.I.G Cycle 13.

Judges must be suitably dressed. Ladies in navy skirt/trousers and jacket/blazer, gentleman in grey trousers and navy jacket/blazer.

Judges must arrive at the designated time before the start of competition for the judges meeting and be ready at their apparatus judging position five minutes before march on.

13. Conduct of Spectators

It is the Club's responsibility to ensure that all parents/spectators are aware that they are not to enter the competition area & the small warm up area at any time during the warm up and competition. Photos can be taken after the event but all footwear must be removed if walking on any of the matted areas. If this request is not adhered to the East Midlands Wtc and the Centre management will ask the person(s) in question to leave the competition area.

14 Provision of Judges

Clubs/Counties **must** supply a judge/s with their competition entry, clubs/counties will be responsible for the expenses incurred by their nominated judge, The Regional Judging Convener will decide on the make up of the D & E panels. Entries will **not** be accepted where a judge has not been nominated. In the event of insufficient judges of the appropriate level to meet individual competition requirements being available, the Judging Convener may select from outside the region. Competitions may be cancelled if criteria cannot be satisfied from both searches.

15 Referee

A referee will be provided at EMGA WTC competitions to adjudicate in matters of rule interpretation and dispute. The referee's decision on such matters will be final.

16 Apparatus

All gymnasts will use the apparatus supplied at the competition venue. Wherever possible equipment dimensions will be set up to FIG specifications which include height and width dimensions for asymmetric bars, beam mount run up and vault run up.

On floor a 5 cm safety mat will be allowed for double back, D and E saltos.

A Yurchenko safety block must be placed around the springboard for performance of this vault and the gymnast's personal hand placement mat can be used. The club is responsible for bringing its own hand placement mat to the competition.

17 Tall Gymnasts

The high bar may be raised in accordance with FIG regulations for tall gymnasts.

Requests for the bar to be raised must be made to the competition controller prior to general warm up.

18 Music

All voluntary music must be well recorded at the beginning of a good quality CD only, well labeled and handed to the music controller at registration. One CD per gymnast.

19 Safety

It is strongly recommended that a coach should be close enough to the landing area for dismount on vault, bars and beam to intervene in the likely case of an accident.

Judges will not deduct due to the presence of a coach, however this rule does not permit the coach to touch the gymnast during the routine unless it is to prevent an accident.

20 Mobile Phones /Devices

Coaches, judges and officials must switch off their mobile phones/devices when in the competition arena. Stop watches or wrist watches may be used for timing warm ups.

21 Protests

Protests should be written on the standard EMGA WTC form and handed to the competition controller together with the £5 fee within 15 minutes of the score having been received. The protest form is available from the competition controller.

Protest should include details of the gymnast's number, apparatus protested, declared score, technical reasons for the protest and coaches signature.

The competition controller will pass the protest to the relevant master judge who will consider it with the other judges on that apparatus and deliver a signed reply back to the competition controller. Any further dispute will be adjudicated upon by the referee whose decision will be final.

Coaches may not complain about another gymnast's score, compare scores or cite other gymnast's scores in a protest.

Video evidence and block protests will not be permitted.

Protests may not be used to complain about a judge.

Coaches may ask a master judge for details of deductions at an appropriate time, to enable the improvement of routines by being informed of particular mistakes, provided that no protest is made afterwards.

22 Rule Changes

The EMGA WTC reserves the right to amend competition rules as it may feel necessary. Such changes shall be informed to member clubs before closing date of competitions at which they will take effect except where such changes are demanded by the British Gymnastics Association or the FIG within a shorter period of time.

23 Disputes

In the event of a dispute that cannot be resolved by reference to the rules, the referee shall make a decision at competitions and the chairman of EMGA WTC in other circumstances. These decisions shall be final. The situation will then be discussed by the WTC at their next available meeting.

24 Clarification

For clarification on any subject please contact the chair of EMGA WTC in writing allowing a minimum of 14 days for a response.

25 Trophies

Provision for the return of trophies won at WTC competitions should be made 2 weeks prior to the following year's competition. Clubs are responsible for the return of all trophies won by gymnasts competing for them.

If trophies are not returned the Club will be invoiced for the cost of a new one.

26 Competition Results

It is the intention for 2014 **not** to provide results to the general public following the competition. Where possible results will be provided for coaches (one per club/county) the results will then be placed on the regional website for general access within 2 days of the competition. It is the clubs responsibility to ensure that their members are aware of this.

27 Photography & Video

British Gymnastics has announced from 2014 no prior registration is required for the use of cameras/phones/videos and any other electrical items but spectators will be required to register at the event and may be asked for identification. East Midlands will be following these guidelines.

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition:	Regional Club Grades 14 & 13 Championships
Date:	Sunday 9th March 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday 9th February 2014
Path / Entry Criteria	BGA Regional Club Grades Club Grade 14 - minimum age 8 years Club Grade 13 - minimum age 9 years
Entry Fee	£10 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	BGA British Club Grades criteria General faults , Execution & Artistry will be taken from 2013-17 code of points
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 2 judges on each piece, 1 regional
Awards	Medals will be awarded to the top 3 'In-Age' and 'Out of Age' gymnasts in each grade. Grades certificates will be awarded to gymnasts who pass their grade. These will be sent later.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - Regional Club Grades 14 & 13 Championship

Sunday March 9th 2014, New College, Glenfield Road, Leicester

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 9th February 2014**

Entry Fee: **£10 per gymnast** (entries received after the above date **£30**)

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Grade	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
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9					
10					
11					
12					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £_____

Judging Fee **£10** Total Fee enclosed **£**_____

***Nominated Judge:** _____ ***Judge Level:** _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. If paying by bank the reference should be: wtc entry, name of club and the date of competition and a copy of the payment sent with the entry form.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to: Alisa Saunders 5 Gleneagles Grove Heighington
Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition:	Regional Club Grades 12, 11, 10 & 9
Date:	Sunday 23rd March 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday 23rd February 2014
Path / Entry Criteria	Regional Club Grades Club Grade 12 - minimum age 10 years Club Grade 11 - minimum age 10 years Club Grade 10 – minimum age 10 years Club Grade 9 – minimum age 10 years
Entry Fees	£10 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	BGA British Club Grades criteria General faults , Execution & Artistry will be taken from 2013-17 code of points
Competition Format	Warm Up compete on each apparatus
Judging Levels	Minimum of 2 judges on each piece, 1 regional
Awards	Medals will be awarded to the top 3 Gymnasts in each grade. Grades badges and certificates will be available for purchase to those gymnasts who pass their grade. .

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Club Grades 12, 11, 10 & 9**

Sunday 23rd March 2014, New College, Glenfield Road, Leicester

Name of Club: _____
Name of Club Coach: _____
Address: _____

Post Code _____ Tel No. _____
E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 23rd February 2014**

Entry Fee: **£10 per gymnast** (entries received after the above date **£30**)

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Grade *	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
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“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ _____

Judging Fee **£10** Total Fee enclosed **£** _____

***Nominated Judge:** _____ ***Judge Level:** _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. If paying by bank the reference should be: wtc entry, name of club and the date of competition and a copy of the payment sent with the entry form.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to: Alisa Saunders 5 Gleneagles Grove Heighington
Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition:	Regional Compulsory Grades 4 & 3 Championships
Date:	Sunday 23rd March 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday February 23rd 2014
Age Groups	Compulsory 4 - 9yrs in the year of competition Compulsory 3 In age 10yrs in the year of competition Out of age 11yrs and over
Path & Entry Criteria Elite Path:	BGA Compulsory Level Grades National Qualifier 10 years only - Compulsory Level 3 9 years only - Compulsory Level 4
Entry Fees	£17.50 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	BGA British Club Grades criteria General faults , Execution & Artistry will be taken from 2013-17 code of points
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 2 judges on each piece, 1 regional
National Final Qualification Criteria	The top 4 in age gymnasts in each grade reaching the qualifying standard will provide the East Midlands team for the National Compulsory Grades Finals. All qualifying gymnasts will be required to attend a squad training day in April. Individual entries are allowed from gymnasts achieving the qualifying score but not finishing in the top four.
Awards	Medals will be awarded to the top 3 gymnasts in each grade. Grades certificates will be awarded to all gymnasts who pass their grade. Certificates will be sent later. <i>The Diana Mohammed Trophies:</i> "In Age" gymnast's scores from this competition and the national Compulsory Level 2 competition will be added to Regional Age Group Championships scores to establish regional champions at 9, 10 and 11 years.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Compulsory Grades 4 & 3 Championships**

Sunday 23rd March 2014 – New College, Glenfield Road, Leicester

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 23rd February 2014**

Entry Fee: **£17.50 per gymnast (entries received after the above date £52.50)**

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	In/Out of age	Grade*	Name of Coach*	Coach BG Number*	Coach Award*
1						
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12						
13						
14						

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria has been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Nominated Judge.....Level.....

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. **If paying by bacs the reference should be: wtc entry, name of club and the date of competition.** A copy of the payment should be sent with the entry form

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to: Alisa Saunders 5 Gleneagles Grove Heighington
Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION
WOMENS TECHNICAL COMMITTEE
COMPETITION RULES 2013

Competition:	Regional Club Grades 8, 7, 6, & 5
Date:	Sunday 23rd March 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday 23rd February 2014
Path / Entry Criteria	National Club Grades BGA National Qualifier Club Grade 8 - minimum age 10 years Club Grade 7 - minimum age 11 years Club Grade 6 - minimum age 12 years Club Grade 5 - minimum age 13 years
Entry Fees	£17.50 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	BGA British Club Grades criteria General faults , Execution & Artistry will be taken from 2013-17 code of points
Re Take of R & C:	Any gymnast who achieves the overall mark(or over) at the Regional Qualifier but fails R & C may have one retake attempt at the end of the event. Regardless of the score achieved in the retake it is the first R & C score that counts for qualification to National Finals. NB. Only one retake allowed.
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 2 judges on each piece, 1 regional
National Final	The first four gymnasts (vault, bars beam and floor) in each grade will represent the region at the National Finals. Gymnasts must have attained the overall pass mark of 45 including a minimum of 9.00 on R & C. (this ruling is now shown on page 23 of the BG wtc handbook) All qualifying gymnasts will be required to attend a squad training day.
Awards	Medals will be awarded to the top 3 gymnasts in each Grade. Grades certificates will be awarded to gymnasts who pass their grade. These will be sent later via the Clubs.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Club Grades 8, 7, 6 & 5**

Sunday 23rd March 2014 – New College, Glenfield Road, Leicester

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 23rd February 2014**

Entry Fee: **£17.50 per gymnast (entries received after the above date £52.50)**

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Grade*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
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11					
12					
13					
14					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Nominated Judge.....Level.....

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition and a copy of the payment to be sent with the entry form

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to: Alisa Saunders 5 Gleneagles Grove Heighington
Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition:	Regional Compulsory Grade 5 Championships
Date:	Sunday 23rd March 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday 23rd February 2014
Age Groups	In Age 8yrs only.
Entry Fees	£10.00 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	East Midlands Compulsory Grade 5 General faults , Execution & Artistry will be taken from 2013-17 code of points
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 2 judges on each piece, 1 regional
Awards	Medals will be awarded to the top 3 gymnasts in the grade. Certificates will be awarded to all gymnasts passing the grade
<i>To be read in conjunction with EMGA WTC General Rules</i>	
Special Note:	Participating gymnasts do not need to be registered with the WTC registration scheme to participate in this competition.

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - Regional Compulsory Grade 5

Sunday 23rd March 2014, New College, Glenfield Road, Leicester

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 23rd February 2013**

Entry Fee: **£10 per gymnast** (entries received after the above date £30)

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Grade *	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
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8					
9					
10					
11					
12					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ _____

Judging Fee **£10** Total Fee enclosed **£** _____

***Nominated Judge:** _____ ***Judge Level:** _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. If paying by bacs the reference should be: wtc entry, name of club and the date of competition and a copy of the payment sent with the entry form.

Gymnasts do not have to be part of the EMGA registration scheme but their accompanying coaches must be.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to: **Alisa Saunders 5 Gleneagles Close Heighington Lincoln LN4 1SS**

EAST MIDLANDS GYMNASTICS ASSOCIATION
WOMENS TECHNICAL COMMITTEE
COMPETITION RULES 2014

Competition:	Open County Team Floor and Vault Championships
Date:	27th April 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday 30th March 2014
Age Groups	8/9 yrs, 10/11 yrs, 12/13yrs, 14+yrs
Path / Entry Criteria	Teams should be chosen through a county qualifier. Open to all gymnasts that have not competed at Level 4 or higher in the region. Gymnasts that have competed in Compulsory Grades/ National Grade 8-5 including in 2014 are not eligible
	All Clubs with gymnasts in the County Teams must be affiliated to Emga.
Entry Fees	£30 for each age category entered or £100 if all 4 age categories entered.
Judging Rules & Apparatus Regulations	See seperate sheet.
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 1 Regional & 1 club judge on each piece Each County must provide a minimum of 2 judges, 1 regional or above and 1 Club judge
Awards:	
Individuals:	Medals will be awarded to the top 3 gymnasts in each age group.
County Teams:	Medals will be awarded to the top three county teams in each age group.
	A trophy will be presented to the top scoring overall county squad.
Special Note:	Participating gymnasts do not need to be registered with the WTC registration scheme to participate in this competition.

To be read in conjunction with EMGA WTC General Rules

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition: Open County Team Floor and Vault Championships

Date: Sunday 27th April 2014

Venue: New College, Glenfield Road, Leicester

**Judging Rules &
Apparatus Regulations**

D Score:	Handspring Flat-back	1.50
	Handspring	2.40
	Half On/Half Off	3.00

These are the only vaults permitted, any other vaults will be considered invalid and result in a mark of zero being awarded.

2 Vaults will be allowed.

Optional Vault Heights for Handspring and Half on/Half off
One springboard only allowed.

Handspring flat-back performed on crash mats & roll mat Height 110cm +/- 3cm

Floor requirements as follows:

Difficulty Content:

8 Coded or uncoded elements as per floor & vault sheet (minimum 3 dance elements and no more than 5 acro elements) Routines with less than 8 elements will be deducted 1.00 mark for each missing element

Composition Requirements: 0.50 each

Acro series with one somersault (Minimum 2 flight elements) except 8/9 age group where no somersault is required but still 2 flight elements (round off has flight)

Passage of min 2 different dance elements (1x leap/jump/hop with 180° cross split)

360° turn on one leg

Forward/Sideways and Backward acrobatic element (flight not required)

E score: deduction from 10.00 as per FIG Code of points 2013-17

All 4 scores in each age category count towards team result in each category.

East Midlands Gymnastics Association

Womens Technical Committee

Entry Form – Open County Team Floor & Vault Championships Sunday 27th April 2014, New College, Glenfield Road, Leicester

Name of County: _____

Name of County Coach: _____

Address: _____

Post Code _____ Tel No. _____

E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: Sunday 30th March 2014

Entry Fee:

Age Group	Please Tick	Fee per team
8/9 years		£30
10/11 years		£30
12/13 years		£30
14+		£30
All 4 age Groups		£100

Counties **MUST** provide 2 Judges (minimum 1 Regional). Failure to provide 2 judges will result in the entry being refused.

Judges Name*	Judge BG Number*	Judge Award*
1		
2		

Judging Fee per County: £10

Total fee enclosed £_____ cheque made payable to EMGA.

A Complete set of the county's qualifying scores must be sent with this entry form.

East Midlands Gymnastics Association

Womens Technical Committee

Entry Form – **Open County Team Floor & Vault Championships**
Sunday April 27th 2014, New College, Glenfield Road, Leicester

Name of County: _____

Name of County Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Team Details:

Gymnasts Name*	Date of Birth*	Qual Score age 8/9*	Qual Score age 10/11*	Qual Score age 12/13*	Qual Score age 14+*	Name of Coach*	Coach BG Number*	Coach Award*
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								
1								
2								
3								
4								
Res								

Team Manager – This must be completed

Name & Address _____

BG No. _____

I can confirm that the above criteria have been adhered to. **Signed:** _____

Print Name: _____

Nominated Judge: _____ *Judge Level: _____

*Nominated Judge: _____ *Judge Level: _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. If paying by bacs the reference should be: wtc entry, name of club and the date of competition and a copy of the payment sent with the entry form.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Please send entries and payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition:	Regional Open Age Club Team Challenge
Date:	Sunday 15th June 2014
Venue:	New College, Glenfield Road, Leicester
Entry Deadline	Sunday May 18th 2014
Age Groups	Junior Team - 10 to 12 years. Senior Team - 13 years and over. Each Team may have a pool of five gymnasts, with four to compete and three to score on each piece. <i>Clubs unable to field a team in either specified age group may field a single team in the Senior competition, gymnasts aged 10-12 may be included in the Senior team.</i>
Path & Entry Criteria	Open Age
Entry Fees	£60 per team including judging fee.
Competition Format	Warm up then compete on each piece of apparatus.
Judging Rules & Apparatus Regulations	Junior teams 10-12 yrs old East Midlands Out of Level 3 Open to all out of age gymnasts Senior Teams 10yrs and over Open to all open age gymnasts including Challenge gymnasts – East Midlands Out of Age 2. On bars, backaway not performed from handstand will fulfill EGR and be considered an A element at Level 3.
Judging Levels	Minimum of 2 Judges on each piece, one Regional
Awards	Medals will be awarded to the top three teams at each level.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - Regional Open Age Club Team Challenge

Sunday 15th June 2014, New College, Glenfield Road, Leicester

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 18th May 2014**

Entry Fee: **£60 per team** including Judging Fee
(entries will not be accepted after the closing date)

Teams to consist of five gymnasts, with four to compete on each piece and three scores to count.

Team Details:

Gymnasts Name*	Date of Birth Junior Team*	Date of Birth Senior Team*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
1					
2					
3					
4					
5					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria has been adhered to. ***Signed:** _____

***Print Name:** _____

Only TWO coaches per team allowed

Entry Fees @ **£60** per team £ _____

***Nominated Judge:** _____ ***Judge Level:** _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. If paying by bacs the reference should be: wtc entry, name of club and the date of competition and a copy of the payment attached to the entry form

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Senior, Junior & Espoire Championships, Age Group Championships &
Open Age Championships (L2, L3 & Challenge)**

Sunday 21st September 2014, New College Leicester, Glenfield Road LE3 6RB

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 24th August 2014**

Competitions Entered:

Competition	Please Tick	Entry Fee
Junior/Senior /Espoire Championships		
Age Group Championships		
Open Age Championships		
	Judging Fee	£10
	Total Fee (payable to EMGA)	£

Clubs MUST provide 1 Judge. Failure to provide judge will result in the entry being refused.

Judge Name*	Judge BG Number*	Judge Award*

Judging Fee per Club: **£10**

Total fee enclosed £_____ cheque made payable to EMGA.

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition	Senior, Junior and Espoire Championships (Including Individual Apparatus Finals)
Date	21st September 2014
Venue	New College Leicester, Glenfield Road LE3 6RB
Entry Deadline	Sunday 24th August 2013
Age Groups	Senior Championships - 16 years and over Junior Championships - 14/15 years Espoire Championships – 12/13 years
Path & Entry Criteria	In Age
Entry Fees	£10.00 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	Seniors - FIG Competition 1 Junior – FIG Competition 1 Espoire – BG Junior Code
Competition Format	Full apparatus warm up, short warm up / compete.
Judging Levels	Minimum of 1 Regional Judge on each piece, plus 1 National
Awards	Trophies will be awarded as follows:
Senior	Overall Champion; Best Floor - Harold Davies Trophy Highest Individual Score(not including vault) - The Duflex Shield
Junior	Overall Champion
Espoire	Overall Champion
Junior, Senior & Espoire	Medals will be awarded to the top three gymnasts overall and on each piece of apparatus in each competition.

The individual Vault, Bars Beam and Floor trophies will be presented to the gymnasts with the highest score on each piece through out the Senior, Junior & Espoire Level & Challenge Cup.(Full FIG rules)
Any gymnasts wishing to compete for the Individual Vault award must compete 2 vaults and must be from different vault groups. The first vault will count towards the overall mark.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Senior, Junior & Espoire Championships**
(Including Individual Apparatus Finals)

Sunday 21st September 2014, New College Leicester, Glenfield Road LE3 6RB

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 24th August 2014**

Entry Fee: **£10.00 per gymnast (entries received after the above date £30.00)**

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition . A copy of the payment should be attached to the entry form

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION
WOMENS TECHNICAL COMMITTEE
COMPETITION RULES 2014

Competition	Regional Level 5 Age Group Championships
Date	Sunday 21st September 2014
Venue	New College Leicester, Glenfield Road LE3 6RB
Entry Deadline	Sunday 24th August 2014
Age Groups	8 years
Path & Entry Criteria	Stand alone East Midlands competition
Entry Fees	£10.00 plus £10 per club judging fee.
Judging Rules &	East Midlands Level 5 rules
Apparatus Regulations	See separate sheet with Level 5 regulations
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 1 Regional Judges on each piece, plus 1 National
Awards	Medals will be awarded to the top three gymnasts overall.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form – Regional Level 5 Age Group Championships

Sunday 21st September 2014, New College Leicester, Glenfield Road LE3 6RB

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 24th August 2014**

Entry Fee: **£10 per gymnast** (entries received after the above date £30)

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition . A copy of the payment should be attached to the entry form

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to:

Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION
WOMENS TECHNICAL COMMITTEE
COMPETITION RULES 2014

Competition	Regional Age Group 4,3,2 Championships
Date	Sunday 21st September 2014
Venue	New College Leicester, Glenfield Road LE3 6RB
Entry Deadline	Sunday 24th August 2014
Age Groups	9, 10 and 11 years
Path & Entry Criteria	In Age BGA Age Group Championship Criteria
Entry Fees	£17.50 per gymnast plus £10 per club judging fee.
Judging Rules & Apparatus Regulations	BGA Age Group Championships criteria 9 year olds - Level 4, 10 year olds - Level 3 11 year olds - Level 2
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 1 Regional Judges on each piece, plus 1 National
National Final Qualification Criteria	The top four gymnasts at each level will provide the East Midlands team for the National Age Group Finals (provided the WTC scoring criteria is met). All qualifying gymnasts will be required to attend a squad training day in October. Individual entries are allowed from gymnasts achieving the National qualifying score but not finishing in the top four.
Awards	Medals will be awarded to the top three gymnasts overall in each age group. <i>The Diana Mohammed Trophies:</i> Scores from this competition will be added to Compulsory Level 4, 3 & 2 scores to establish regional champions at 9, 10 and 11 years.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - Regional Age Group Championships

Sunday 21st September 2014, New College Leicester, Glenfield Road LE3 6RB

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 24th August 2014**

Entry Fee: **£17.50 per gymnast (entries received after the above date £52.50)**

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition . A copy of the payment should be attached to the entry form

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to:

Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION

WOMENS TECHNICAL COMMITTEE

COMPETITION RULES 2014

Competition:	Regional Open Age Championships (L2, L3 & Challenge)
Date:	Sunday 21st September 2014
Venue:	New College Leicester, Glenfield Road LE3 6RB
Entry Deadline	24th August 2014
Age Groups	Level 3 11/12, and 13+ years (minimum age 11 years) Level 2 12/13, and 14+ years (minimum age 12 years) Challenge Espoire – 12/13 years Challenge Junior - 14/15 years Challenge Senior - 16+ years
Path & Entry Criteria	Open Age, gymnasts must be eligible to compete in Challenge Cup
Entry Fees	£10 per gymnast plus £10 per club judging fee.
Judging Rules &	Regional Out of Age East Midlands Level 3 & 2 Espoire Challenge: Junior FIG Code Junior & Senior Challenge: FIG Competition1
Apparatus Regulations	As per FIG
Judging Levels	Minimum of 2 judges on each piece, one regional
Competition Format	Warm Up Compete
Awards	Medals will be awarded to the top 3 overall and on each apparatus in each age group.
Senior/Junior Champs	. For those entered in the Espoire Junior & Senior Championships a separate score will be submitted with a FIG Start Value for Judging Rules.

The individual Vault, Bars Beam and Floor trophies will be presented to the gymnasts with the highest score on each piece through out the Senior, Junior & Espoire Level & Challenge Cup.

Any gymnasts wishing to compete for the Individual Vault award must compete 2 vaults and must be from different vault groups. The first vault will count towards the overall mark.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Open Age Championships (L2, L3 & Challenge Cup)**

Sunday 21st September 2014, New College Leicester, Glenfield Road LE3 6RB

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **24th August 2014**

Entry Fee: **£10 per gymnast** (entries received after the above date **£30**)

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition. A copy of the payment should be enclosed with the entry form.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION
WOMENS TECHNICAL COMMITTEE
COMPETITION RULES 2014

Competition:	Regional Open Age Championships (Level 4)
Date:	Sunday 12th October 2014
Venue:	New College Leicester, Glenfield Road LE3 6RB
Entry Deadline	Sunday 14th September 2014
Age Groups	Competition age groups will be determined on the basis of the profile of entries received and published with the competition advise. The following provisional groupings are based on the 2011 entry profile; Age 10, 11, 12/13, 14+ years (minimum age 10 years)
Path & Entry Criteria	Open Age
Entry Fees	£10 per gymnast plus £10 per club judging fee.
Judging Rules &	EMGA Open Level 4 Vault height optional,
Apparatus Regulations	. On bars, backaway performed not from handstand will fulfill EGR & be considered an A element.
Judging Levels	Minimum of 2 judges on each piece, one regional
Competition Format	Warm up then compete on each piece of apparatus.
Awards	Medals will be awarded to the top 3 overall and individual apparatus in each age group.

To be read in conjunction with EMGA WTC General Rules

**East Midlands Gymnastics Association
Womens Technical Committee**

Entry Form - **Regional Open Age Championships (Level 4)**

Sunday 12th October 2014, New College Leicester, Glenfield Road LE3 6RB

Name of Club: _____

Name of Club Coach: _____

Address: _____

Post Code _____ Tel No. _____

E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 14th September 2014**

Entry Fee: **£10 per gymnast (entries received after the above date £30)**

Judging Fee: **£10 per club**

Details of gymnasts entered:

Gymnasts Name*	Date of Birth*	Level*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Entry Fees @ **£10** per gymnast £ _____

Judging Fee **£10** Total Fee enclosed £ _____

*Nominated Judge: _____ *Judge Level: _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition . A copy of the payment should be attached to the entry form.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

: Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

EAST MIDLANDS GYMNASTICS ASSOCIATION
WOMENS TECHNICAL COMMITTEE
COMPETITION RULES 2014

Competition:	Regional Open Age County Team Challenge
Date	Sunday 9th November 2014
Venue	New College Leicester, Glenfield Road LE3 6RB
Entry Deadline	Sunday 12th October 2014
Age Groups	Junior 10 -12 years, any 10 year old gymnast must not have competed in Compulsory grade 3 or In age level 3 in 2014 Senior team minimum 11 years Each Team may have a pool of six gymnasts, with five to compete and four to score on each piece.
Path / Entry Criteria	Open Age
Entry Fees	£70 per team
Judging Rules &	Junior teams 10-12 yrs old East Midlands Out of Level 3 Open to all out of age gymnasts Senior Teams 10yrs and over, East Midlands Out of Age 2. Open to all open age gymnasts including Challenge gymnasts .
Apparatus Regulations	
Competition Format	Warm up then compete on each piece of apparatus.
Judging Levels	Minimum of 2 Judges on each piece. Each county to provide 2 judges, one Regional or above and one Club judge
Awards	A trophy will be awarded to the winning team. Medals will be awarded to the members of the top three teams.
Please Note:	<i>Each county may submit one team in each competition, however should any of the counties not enter a team then a second team may be entered by one of the other counties. This second team will not count in the competition and entries will be accepted on first come basis. Under no circumstance will either competition exceed 5 teams.</i>

To be read in conjunction with EMGA WTC General Rules

East Midlands Gymnastics Association Womens Technical Committee

Entry Form - **Regional Open Age County Team Championships**
Sunday 9th November 2014, New College Leicester, Glenfield Road LE3 6RB

Name of County: _____
 Name of County Coach: _____
 Address _____
 Post Code _____ Tel No. _____
 E-mail: _____

Information regarding the competition will be sent to the above address.

Closing Date for Entries: **Sunday 12th October 2014**

Entry Fee: **£70.00 per county team** (entries will not be accepted after the closing date)

Judging Fee: **£10 per county**

Team Details: Teams to consist of six gymnasts, with five to compete on each piece and four scores to count.

Gymnasts Name*	Date of Birth Junior Team*	Date of Birth Senior Team*	Name of Coach*	Coach BG Number*	Coach Award*
1					
2					
3					
4					
5					
6					
1					
2					
3					
4					
5					
6					

Team Manager – This must be completed	
Name & Address _____	
	BG No. _____

“When submitting entries for a British Gymnastics event the onus is on the club and coaches to ensure that the coaches attending to the participants are qualified to the level of the participants’ performance”.

I can confirm that the above criteria have been adhered to. ***Signed:** _____

***Print Name:** _____

Only ONE coach per gymnast allowed

Entry Fees @ **£70** per team £_____ Judging Fee @ **£10** £_____ Total Entry £_____

*Nominated Judges _____ *Judge Level _____

*Nominated Judges _____ *Judge Level _____

Cheques to be made payable to East Midlands Gymnastics Association and enclosed with entry. . If paying by bacs the reference should be: wtc entry, name of club and the date of competition. A copy of the payment should be attached to the entry form.

All gymnasts and their accompanying coaches must be members of the EMGA WTC registration scheme.

Incorrect or incomplete forms will not be accepted. All sections marked * must be completed.

Entry form to be returned with payment to:

Alisa Saunders 5 Gleneagles Grove Heighington Lincoln LN4 1SS

Video Registration

It is required that anyone wishing to video, film or photograph at British Gymnastics/East Midlands events must register at the competition prior to the event starting. A form of identification may be requested.

2014 Registration for East Midlands Gymnastics Association

The following fees apply to the registration of Gymnasts, Coaches and Judges.

Gymnasts	£5
Coaches	£10
Judge/Coach	£10
Judge(only)	No Charge but should be listed on form

Gymnasts must be registered in order to compete in regional competitions (exceptions see Rule 1)

Coaches must be registered in order to enter the competition arena in regional competitions.

Judges must be registered in order to judge at regional competitions.

EAST MIDLANDS GYMNASTICS ASSOCIATION WOMENS TECHNICAL COMMITTEE

2014 Registration

SECTION A - CLUB

Club Name: _____

Head Coach: _____

Head Coach Details:

Address: _____

Post Code: _____

Telephone: _____ **Mobile:** _____

E-mail Address: _____

Summary of fees: **No. Coaches** _____ **x £10** _____

No. Judges _____ **no fee required**

No. Gymnasts: _____ **x £5** _____

Total Payment: £ _____

All forms to be returned with payment to WTC Secretary:

Veronica West, 73 Nottingham Rd Gotham Nottingham NG11 0HE

(Cheques payable to EMGA)

EAST MIDLANDS GYMNASTICS ASSOCIATION WOMENS TECHNICAL COMMITTEE

2014 Registration

SECTION B - COACHES AND JUDGES

Name:	Coaching Qualification	Judging Qualification	Contact Tel No.	BG No and date of crb expiry
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

Number of Coaches _____ **x £10 = £**_____

*** Registration details to be completed by WTC Secretary**

2014 Registration

SECTION C - GYMNASTS

Name	Date of Birth	British Gymnastics Membership Number	In Age/Open Level
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Number of Gymnasts _____ **x £5 = £** _____

