



HAND INTO REGISTRATION

Name: _____ Cat: _____

Club: _____ Day: _____

Round: _____ Panel: _____

**White
Level**

Please fill in the 10 A moves (in order) that your gymnast is expected to perform. This is guidance for the judges only, if they perform different moves, or a different order the judges will still judge what they see as usual.

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1. Balance 2. Strength / Flexibility 3. {Acro Series } 4. {Mixed Series} 5. {Gym Series}.

In the first column write name of move, in the second column write A or B (maximum of 2 x B not required but can be used), in column 3 write 1, 2, 3 etc as above. Use } to show moves that are linked

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In the first column write name of move, in the second column write A or B (minimum of 4 x B) , in column 3 write 1, 2, 3 etc as above. Use } to show moves that are linked. If gymnast is attempting the bonus of B+B please place * next to the two linked B moves.

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**Gold &
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