



# 1<sup>st</sup> London Rhythmic Gymnastics Championship

25 February 2018

*Version 1*



*Dear Rhythmic Gymnastics Clubs and Fans,*

*It is with deepest pride and greatest pleasure that we invite you to participate in the **1<sup>st</sup> London Rhythmic Gymnastics Championship** to be held on the **25<sup>th</sup> February 2018** in University of East London SportsDock.*

*The London Rhythmic Gymnastics Championship is aimed at bringing together all clubs in London with the purpose to demonstrate the sheer beauty and elegance of our sport and to encourage its growth and development within the region and beyond.*

*The organizers will do their best to create a friendly atmosphere for all competitors and viewers, and encourage gymnast to support their fellow teammates. It is the first time we have introduced a regional ranking framework, which will determine the winner of our special award: **“Best London RG Club 2018”**.*

*We wish that all participants truly enjoy this event and we hope to create some unforgettable memories!*

*We look forward to seeing you in February.*

*London Rhythmic Gymnastics Technical Committee*



# EVENT INFORMATION

REGISTRATION WINDOW	20 January - 3 February 2018   GYMNET
ENTRY DEADLINE	20:00 GMT 3 February 2018   GYMNET
MUSIC SUBMISSION <i>(deadline)</i>	20:00 GMT 10 February 2018   GYMNET
ENTRY FEE <i>(per gymnast)</i>	1 routine - £15, 2 routines - £25, 3 routines - £30
LOCATION	University of East London SportsDock
PARKING	Free parking - subject to availability
FOOD	There is a café at the leisure centre selling hot and cold food and beverages
TICKETS	Spectator tickets will be available on the day



# COMPETITION INFORMATION

## MEMBERSHIP

- All clubs must be affiliates of London Gymnastics and registered with British Gymnastics.
- All gymnasts must hold current BG membership to the stated level and be a member of an LG affiliated BG club.
- All coaches must hold current and correct levels of BG membership and qualifications.
- All judges must hold current BG membership and current judging qualification. Clubs must provide a qualified judge or need to pay £50 levy without exception at the time of entry.

## PHOTOGRAPHY

By entering an LG event, there is an acceptance that the participant may be photographed and the photograph may be published by LG. Photos and videos may only be taken and used in accordance with the BG Child Protection Policy. Where the Competition Organiser believes that a person taking or assisting in the taking of photos/videos is in breach of these conditions he or she may require that person to leave the venue. Photos may not be used, distributed or copied for commercial purposes. Flash may not be used at any time while gymnasts are warming up or competing.

## CONTACTS

- London RG Chair: londonrgchair@gmail.com
- Competition Organiser: kristina.ondon@yahoo.com
- Judge Coordinator: devotionrg@outlook.com

# COMPETITION INFORMATION

## AWARDS ALLOCATION

- Gymnasts can perform a minimum of 1 and maximum of 3 routines depending on their level and age category<sup>1</sup>
- There will be a medal ceremony for each individual apparatus per age category and level.

## LEVELS

### SILVER BG MEMBERSHIP



- **Level 5: Elite** = Qualifier for British Championships Elite Group League/British Championships
- **Level 4: National** = Qualifier for NDP Finals National Group League/NDP Finals
- **Level 3: Zonal/Regional** = Took Grades but did not qualify for NDP Finals or is working at a standard suitable for the CoP

### BRONZE BG MEMBERSHIP



- **Level 2: Club** = Competition 6 onwards and level of gymnast suitable for Basic Code rather than CoP
- **Level 1: Club** = First 5 competitions only
- **Level 0: Recreation** = Training 2-4 hours per week

<sup>1</sup> Apparatus breakdown per category is provided on slides 6 & 7

# APPARATUS TABLE (PART 1)

						25-Feb-18		29-Apr-18	
Categories	Year of Birth	Age	Grade	Level	Number of Routines	Apparatus 1	Apparatus 2 &3	Apparatus 1	Apparatus 2 &3
BENJAMIN	2011	7	Grade 2	0	max 1 Routine	Free		Free	
				1	max 1 Routine	Free		Free	
				2	max 1 Routine	Free		Free	
	2010	8	Grade 3	0	max 1 Routine	Free		Free	
				1	max 1 Routine	Free		Free	
				2	max 1 Routine	Free		Free	
				3	max 2 Routines	Free	Rope	Free	Rope
ESPIOR	2009	9	Grade 4	0	max 1 Routine	Free		Free	
				1	max 1 Routine	Free		Free	
				2	max 1 Routine	Free		Free	
				3	max 2 Routines	Free	Ball or Rope	Free	Ball or Rope
				4	max 2 Routines	Free	Rope	Free	Rope
	2008	10	Grade 5	5	max 2 Routines	Free	Rope	Free	Rope
				0	max 1 Routine	Free		Hoop	
				1	max 1 Routine	Free		Hoop	
				2	max 1 Routine	Free		Hoop	
				3	max 2 Routines	Free	Ball or Rope	Free	Ball or Rope
	2007	11	Grade 6	4	max 2 Routines	Free	Rope	Rope	Hoop
				5	max 2 Routines	Free	Rope	Rope	Hoop
				1	max 1 Routine	Hoop		Hoop	
				2	max 1 Routine	Hoop		Hoop	
				3	max 2 Routines	Ball	Clubs	Ball	Clubs
				4	max 2 Routines	Ball	Clubs	Ball	Clubs
				5	max 2 Routines	Ball	Clubs	Ball	Clubs

# APPARATUS TABLE (PART 2)

						25-Feb-18		29-Apr-18	
Categories	Year of Birth	Age	Grade	Level	Number of Routines	Apparatus 1	Apparatus 2 & 3	Apparatus 1	Apparatus 2 & 3
PRE - JUNIOR	2006	12	Grade 7	1	max 1 Routine	Hoop		Hoop	
				2	max 1 Routine	Hoop		Hoop	
				3	max 2 Routines	Ball	Rope or Ribbon	Ball	Rope or Ribbon
				4	max 2 Routines	Ball	Ribbon	Ball	Ribbon
				5	max 2 Routines	Ball	Ribbon	Ball	Ribbon
JUNIOR	2005	13	Grade 8	1	max 1 Routine	Ball		Ball	
				2	max 1 Routine	Ball		Ball	
				3	max 3 Routines	Ribbon	Ball and/or Clubs	Ribbon	Ball and/or Clubs
	2004/2003	14/15	Grade 9	1	max 1 Routine	Ball		Ball	
				2	max 1 Routine	Ball		Ball	
				3	max 3 Routines	Ribbon	Ball and/or Clubs	Ribbon	Ball and/or Clubs
	2005/2004/2003	13/14/15	Grade 8 & 9	4	max 3 Routines	Ball	Clubs and/or Ribbon	Ball	Clubs and/or Ribbon
	2005/2004/2003	13/14/15	Grade 8 & 9	5	max 3 Routines	Ball	Clubs and/or Ribbon	Ball	Clubs and/or Ribbon
SENIOR	2002 and older	16+	Grade 10	1	max 1 Routine	Hoop		Hoop	
				2	max 1 Routine	Hoop		Hoop	
				3	max 3 Routines	Clubs	Hoop and/or Ribbon	Clubs	Hoop and/or Ribbon
				4	max 3 Routines	Clubs	Hoop and/or Ribbon	Clubs	Hoop and/or Ribbon
				5	max 3 Routines	Clubs	Hoop and/or Ribbon	Clubs	Hoop and/or Ribbon

# REGIONAL RANKING

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- **Participation points:** 10 points per routine will be allocated to each club/gymnast for participation in the London Rhythmic Gymnastics Championships 2018<sup>1</sup>
- **Individual Ranking Points:** gymnasts will receive extra points if they rank 1<sup>st</sup> -8<sup>th</sup> place (Table 2).

## YEAR END

- On 9<sup>th</sup> December 2018 all points will be aggregated to determine the regional ranking of clubs and gymnasts.
- These results will be used to determine future allocation of funding and benefits for clubs and gymnasts<sup>2</sup>

TABLE 2	LEVEL 0	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
1st Place	10	18	26	34	42	50
2nd Place	9	17	25	33	41	49
3rd Place	8	16	24	32	40	48
4th Place	7	15	23	31	39	47
5th Place	6	14	22	30	38	46
6th Place	5	13	21	29	37	45
7th Place	4	12	20	28	36	44
8th Place	3	11	19	27	35	43

*Note: 10 points will be given to all clubs for each routine they enter in the competition*

AWARD FOR  
BEST  
LONDON RG  
CLUB 2018

<sup>1</sup> London RG Championship Dates: 25 Feb 18, 29 Apr 18, 28 Oct 18, 9 Dec 18

<sup>2</sup> Subject to sponsorship and available budget