



**LONDON TRAMPOLINE & DMT NDP REGIONAL SERIES 2**  
**SATURDAY 20<sup>th</sup> JANUARY 2018**  
**REYNOLDS SPORTS CENTRE AND HARLINGTON SPORTS CENTRE**

Welcome to the Reynolds Sports Centre, home of London DMT and Harlington Sports Centre, home of Harlington Hawks. There has been an entry of 125 Trampoline Gymnasts and 45 DMT gymnasts from 10 clubs, taking part in this London NDP Regional Series 2 competition. We are running two panels for Trampolining and one panel for DMT. Thanks are due to the following:

- Members, parents and friends of London DMT and Harlington Hawks
- Staff and management for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the sports halls – **PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR.** Ensure that you have all your property when you leave.

**FLOOR ACCESS:**

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines, the matted area around the DMT, the DMT run and the officials' areas.

**CLUBS COMPETING TODAY:**

**Must be British Gymnastics *registered* & London Gymnastics *affiliated***

Camden Gymnastics Club  
Harrow Trampoline Club  
Heathrow Gym Club  
Hendon Gymnastics Club  
Inspire Trampoline Club  
Kingston Trampoline Academy  
London DMT

Queensmead Trampoline Club  
Twizzlers  
Zenith

**MEDALS & PRESENTATION:**

Medals will be awarded to the top three individuals in each TRA and DMT group at the end of each flight.

**RESULTS:**

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on GymNET.

**WELFARE OFFICER:**

The Welfare Officer for this event is Michael Freeman.

**COACHING/PERFORMER QUALIFICATION:**

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

**WARM UP & COMPETE:**

**TRAMPOLINE:** Due to the number of competitors and available officials panels 2 and 3 are being run in tandem. Whilst panel 2 competes, panel 3 will warm up. Then panel 3 will compete and panel 2 will warm up. The Judges will move from Panel 2 to Panel 3 depending on which bed is competing.

There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their set and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

**COMPULSORY ROUTINES A and B:** After warm up, there will be a two touch warm up where the competitor will have to choose which routine to practice. The performers will then return to the marshalling area and be called to compete in Start list order. They will all compete their Compulsory routines in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

**DMT:** There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Club managers are responsible for their performers at the DMT during this time (i.e. there will be no official at the DMT). Spotting, matting or any other assistance is the responsibility of the club. Competitors will need to warm up all their passes during their allotted warm up time – there will be no separate warm up session for final 2 passes.

All timings are approximate. **The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of program time.** The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late.

## DMT TIMETABLE

SESSION 1			
Warm Up	9:00 - 9:10am	DMT NDP level 1 9-10 years	9
Compete all passes	9:10 - 9:45am		
SESSION 2			
Warm Up	9:45 - 10:00am	DMT NDP level 1 11-12 years	6
		DMT NDP level 1 13+ years	6
Compete all passes	10:00 - 10:50am		
SESSION 3			
Warm Up	10:50 - 11:00am	DMT NDP level 2	7
		DMT NDP level 4	1
Compete all passes	11:00 - 11:30am		
SESSION 4			
Warm Up	11:30 - 11:40	DMT NDP level 3	8
Compete all passes	11:40am - 12:15pm		
SESSION 5			
Warm Up	12:15 - 12:25pm	DMT NDP level 5	5
		DMT NDP level 6	2
		DMT NDP level 7	2
Compete all passes	12:25 - 12:55pm		
Lunch will be provided 1:30 – 2:00pm at Harlington Sports Centre for those judges doing both DMT and Trampoline			
Presentations will take place as soon as possible after the end of each discipline. <u>All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.</u>			
Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.			

## TRAMPOLINE TIMETABLE

		PANEL 1				PANEL 2		PANEL 3	
<b>SESSION 1</b>								<b>WARM UP ONLY 3:10 - 3:50pm</b>	
Warm Up	2:00 - 2:30pm	TRA Club level 1	15	Warm Up	2:00 - 2:30pm	TRA NDP level 1	26	TRA NDP level 5	14
1 Touch	2:30 - 2:40pm	TRA Club level 2	7	1 Touch	2:30 - 2:40pm			TRA NDP level 6	7
Compete & Finals	2:40 - 3:50pm			Compete & Finals	2:40 - 3:50pm				
<b>SESSION 2</b>								<b>WARM UP ONLY 4:00 - 4:30PM</b>	
Warm Up	3:50 - 4:10pm	TRA NDP level 3	17			TRA NDP level 2	12		
1 Touch	4:10 - 4:20pm			1 Touch	3:50 - 4:00pm			TRA NDP level 5	14
Compete & Finals	4:20 - 5:10pm			Compete & Finals	4:00 - 4:30pm			TRA NDP level 6	7
<b>SESSION 3</b>								<b>WARM UP ONLY 4:40 - 5:10PM</b>	
Warm Up	5:10 - 5:25pm	TRA Club level 3	13					TRA NDP level 4	14
1 Touch	5:25 - 5:35pm			1 Touch	4:30 - 4:40pm	TRA NDP level 2	12		
Compete & Finals	5:35 - 6:15pm			Compete & Finals	4:40 - 5:10pm				
				<b>SESSION 4</b>		<b>NO ACTIVITY</b>			
				1 Touch	5:10 - 5:20pm			TRA NDP level 4	14
				Compete & Finals	5:20 - 6:00pm				

**IMPORTANT:**

Panel 1 will warm up & compete on the competition beds and the judges will stay on the panel.

Panel 3 will warm up whilst panel 2 compete, then panel 3 will compete whilst panel 2 warms up. The judges will move from panel 2 to panel 3 depending on which panel is competing. If the group is greyed-out then it is **warming up**. Warm up times are written above the group.

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.

Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

## DMT OFFICIALS

<b>DMT at Acton</b>		
<b>Panel 1</b>	<b>NDP DMT</b>	
Chair	Michael Freeman	Kingston Trampoline Academy
Execution Judge 1	Carol Freeman	Kingston Trampoline Academy
Execution Judge 2	Claire Gardner	for Hendon
Execution Judge 3	Rebecca Oram	Kingston Trampoline Academy
Execution Judge 4	John Wotherspoon	London DMT
Execution Judge 5	Peter Freeman	Kingston Trampoline Academy
Tariff Judge 1	Sarah Warren-Smith	Kingston Trampoline Academy
Tariff Judge 2		
Computer	Mandy Brass	For Kingston Trampoline Academy
Recorder	VOLUNTEER	
Marshal	VOLUNTEER	
<b>Resreves DMT</b>		
NONE		
<b>Organisation</b>		
Competition Organiser	Harriet Curtis	
Database	Karen Gent (not present on the day)	
Judges	Linda Lawrie	
Computers	Andrew Wood	
Trophies	Organisers	
<b>NO CHANGES TO THE ABOVE WITHOUT PRIOR CONSENT OF THE JUDGING CO-ORDINATOR</b>		
<b>OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.</b>		
<b>SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER</b>		

## TRAMPOLINE OFFICIALS

**LONDON NDP 20th January 2018**

### TRI at Harlington

PANEL 1		NDP TRI		PANEL 2/3		NDP TRI	
Chair	Sarah Warren-Smith	Kingston Trampoline Academy		Chair	Carole Charters	Zenith	
Execution Judge 1	Ayoola Ayeni	Zenith		Execution Judge 1	Jane Evans	Heathrow	
Execution Judge 2	Peter Freeman	Kingston Trampoline Academy		Execution Judge 2	Katie Drewett	Kingston Trampoline Academy	
Execution Judge 3	Paul Howard	Inspire		Execution Judge 3	Imogen Munns	Queensmead	
Execution Judge 4	Hunberto Hernandez	Hendon		Execution Judge 4	Angela Moore	Twizzlers	
Execution Judge 5 - HD	Simon Hamlin	Queensmead		Execution Judge 5 - HD	Mustafa Ozturk	Heathrow	
Execution Judge 6 - HD	Claire Gardner	Kingston Trampoline Academy		Execution Judge 6 - HD	Lascelle Sandy	Inspire	
Tariff Judge 1	Hayley Harris	Camden		Tariff Judge 1	Michael Freeman	Kingston Trampoline Academy	
Tariff Judge 2				Tariff Judge 2			
Computer	Zak Laidi	Camden		Computer	Carol Freeman	Kingston Trampoline Academy	
Recorder	Francesca Eyles	Kingston Trampoline Academy		Recorder	Stacey Stewart	Hendon	
Marshal	Rebecca Bird	Twizzlers		Marshal	Vitoria Lynch	Heathrow	
<b>Unqualified Reserves TRI</b>				<b>Unqualified Reserves TRI</b>			
	Tara O'Beara	Kingston Trampoline Academy			Richard Louch	Camden	
	Mrs Czaplewska	Queensmead			Alexandra Michail	Kingston Trampoline Academy	

NO CHANGES TO THE ABOVE WITHOUT PRIOR CONSENT OF THE JUDGING CO-ORDINATOR

OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.

SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER

**COMPETITORS NDP DMT  
COMPETITION**

<b>Start Number</b>	<b>Club Name</b>	<b>Competition Name</b>	<b>Name</b>	
1	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Julia	Prestigiacomo
2	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Freya	Georges
3	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Lilia	Hamblin
4	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Toby	Eckes
5	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Ciara	McLaren
6	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Eloise	Gardner
7	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Lauren	Davis
8	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Joshua	Baker
9	Kingston Trampoline Academy	DMT NDP level 1 9-10 years	Lukas	Marciukonis
1	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Mia	Wanli
2	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Robyn	Simms
3	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Phoebe	Craddock
4	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Armored	Morrison
5	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Julia	Curley
6	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Campbell	McLaren
1	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Natasha	Barnes
2	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Leah	Woodcock
3	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Saskia	Pearl
4	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Camille	Phelps
5	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Amelie	Gowe
6	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Tiyana	Meade Blanchard
1	Kingston Trampoline Academy	DMT NDP level 2 9-10 years	Max	Ince
1	Kingston Trampoline Academy	DMT NDP level 2 11-12 years	Daisy	Poole
2	Kingston Trampoline Academy	DMT NDP level 2 11-12 years	Bethan	Calder
1	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Ariadokht	Ezaz-Nikpay
2	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Kate	O'Dwyer
3	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Amy	Schafer
4	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Stella	Horrell
1	Hendon Gym Club	DMT NDP level 3 9-10 years	Samuel	Newman Kemp
1	Kingston Trampoline Academy	DMT NDP level 3 11-12 years	Dovydas	Olekas
2	Kingston Trampoline Academy	DMT NDP level 3 11-12 years	Joe	Spensley
4	Kingston Trampoline Academy	DMT NDP level 3 11-12 years	Jonas	Morland
1	Kingston Trampoline Academy	DMT NDP level 3 13+ years	Vaishali	Balachandran
2	Kingston Trampoline Academy	DMT NDP level 3 13+ years	Susie	Hamzeh
3	Kingston Trampoline Academy	DMT NDP level 3 13+ years	Jake	Azzopardi
4	Kingston Trampoline Academy	DMT NDP level 3 13+ years	Elizabeth	Cowan
1	Kingston Trampoline Academy	DMT NDP level 4 11-12 years	Jemima	Eckes

1	Kingston Trampoline Academy	DMT NDP level 5 11-12 years	Zachariah	Wilson
1	London DMT	DMT NDP level 5 13-14 years	Safia	Smith
2	Kingston Trampoline Academy	DMT NDP level 5 13-14 years	Daniel	Goldsack
1	Hendon Gym Club	DMT NDP level 5 15+ years	Petronella	Hoogeboom
2	Kingston Trampoline Academy	DMT NDP level 5 15+ years	Freddy	Tolcher
1	Hendon Gym Club	DMT NDP level 6 13-14 years	Theo	Brass
1	Kingston Trampoline Academy	DMT NDP level 6 15-16 years	Oliver	Cubillos
1	London DMT	DMT NDP level 7 11-14 years	Petar	Stanchev
1	London DMT	DMT NDP level 7 15-16 years	Danielle	Shaw



**COMPETITORS NDP**  
**TRAMPOLINE COMPETITION**

<b>Start Number</b>	<b>Competition Name</b>	<b>Club Name</b>	<b>Name</b>	
1	TRA Club level 1 7-8 years	Kingston Trampoline Academy	Olivia	Klein
2	TRA Club level 1 7-8 years	Kingston Trampoline Academy	Olivia	Morgan
3	TRA Club level 1 7-8 years	Kingston Trampoline Academy	Holly	Bullock
4	TRA Club level 1 7-8 years	Kingston Trampoline Academy	Evie	Hall
1	TRA Club level 1 9-10 years	Kingston Trampoline Academy	Zoe	Casati
2	TRA Club level 1 9-10 years	Kingston Trampoline Academy	Leyna	Balzekas
3	TRA Club level 1 9-10 years	Kingston Trampoline Academy	Jasmina	Scrimshaw
4	TRA Club level 1 9-10 years	Kingston Trampoline Academy	Lucy	Hoyer
1	TRA Club level 1 11-12 years	Kingston Trampoline Academy	Isabelle	Shepherd
2	TRA Club level 1 11-12 years	Kingston Trampoline Academy	Maryam	Khan
3	TRA Club level 1 11-12 years	Kingston Trampoline Academy	Emily	Hoyer
4	TRA Club level 1 11-12 years	Kingston Trampoline Academy	Victoria	Czepanko
5	TRA Club level 1 11-12 years	Kingston Trampoline Academy	Charlotte	Fairfoull
1	TRA Club level 1 13+ years	Kingston Trampoline Academy	Tea	Robert-Nicoud
2	TRA Club level 1 13+ years	Zenith Trampoline Club	Mya	Palmer
1	TRA Club level 2 7-8 years	Kingston Trampoline Academy	Edward	Georges
1	TRA Club level 2 11-12 years	Kingston Trampoline Academy	Emma	Rouillard
2	TRA Club level 2 11-12 years	Kingston Trampoline Academy	Elena	Wykes
3	TRA Club level 2 11-12 years	Kingston Trampoline Academy	Eleanor	Lucas
4	TRA Club level 2 11-12 years	Kingston Trampoline Academy	Elodie	Morgan
1	TRA Club level 2 13+ years	Kingston Trampoline Academy	Ana Sofia (Fia)	Brown
2	TRA Club level 3 13+ years	Kingston Trampoline Academy	Charlotte	Mears
1	TRA Club level 3 9-10 years	Kingston Trampoline Academy	Emily	Mccarthy
2	TRA Club level 3 9-10 years	Kingston Trampoline Academy	Lukas	Marciukonis
3	TRA Club level 3 9-10 years	Kingston Trampoline Academy	Anya	Kendrick
1	TRA Club level 3 11-12 years	Kingston Trampoline Academy	Elodie	Osmand
2	TRA Club level 3 11-12 years	Kingston Trampoline Academy	Tia	Berkett
3	TRA Club level 3 11-12 years	Kingston Trampoline Academy	Annika	Rose
4	TRA Club level 3 11-12 years	Kingston Trampoline Academy	Rianna	Berkett
5	TRA Club level 3 11-12 years	Kingston Trampoline Academy	Polly	Gibson
1	TRA Club level 3 13+ years	Kingston Trampoline Academy	Isabelle	Ballard
2	TRA Club level 3 13+ years	Kingston Trampoline Academy	Rebecca	Forbes
3	TRA Club level 3 13+ years	Kingston Trampoline Academy	Eloise	Gummer
4	TRA Club level 3 13+ years	Kingston Trampoline Academy	Aidan	Malka
5	TRA Club level 3 13+ years	Kingston Trampoline Academy	Elianna	Cornfield

1	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Lilia	Hamblin
2	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Max	Ince
3	TRA NDP level 1 9-10 years	Camden Gymnastics Club	Sienna	Conquest-Appadoo
4	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Gabrielle	Park
5	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Eloise	Gardner
6	TRA NDP level 1 9-10 years	Camden Gymnastics Club	Nancy	Wright
7	TRA NDP level 1 9-10 years	Hendon Gym Club	Amelia	Patola
8	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Toby	Eckes
9	TRA NDP level 1 9-10 years	Twizzlers	Oliver	Handley
10	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Ciara	McLaren
11	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Lauren	Davis
12	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Freya	Georges
13	TRA NDP level 1 9-10 years	Camden Gymnastics Club	Lilly	Cookson
14	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Joshua	Baker
15	TRA NDP level 1 9-10 years	Kingston Trampoline Academy	Julia	Prestigiacomo
1	TRA NDP level 1 11-12 years	Kingston Trampoline Academy	Phoebe	Craddock
2	TRA NDP level 1 11-12 years	Kingston Trampoline Academy	Julia	Curley
3	TRA NDP level 1 11-12 years	Kingston Trampoline Academy	Armored	Morrison
4	TRA NDP level 1 11-12 years	Twizzlers	Zoe	Hunter
5	TRA NDP level 1 11-12 years	Kingston Trampoline Academy	Robyn	Simms
6	TRA NDP level 1 11-12 years	Inspire Trampoline Academy	Lucy	Corless
7	TRA NDP level 1 11-12 years	Kingston Trampoline Academy	Mia	Wanli
1	TRA NDP level 1 13+ years	Kingston Trampoline Academy	Amelie	Gowe
2	TRA NDP level 1 13+ years	Kingston Trampoline Academy	Leah	Woodcock
3	TRA NDP level 1 13+ years	Kingston Trampoline Academy	Natasha	Barnes
4	TRA NDP level 1 13+ years	Kingston Trampoline Academy	Tiyana	Meade Blanchard
1	TRA NDP level 2 11-12 years	Kingston Trampoline Academy	Campbell	McLaren
2	TRA NDP level 2 11-12 years	Hendon Gym Club	Hannah	Lennon
3	TRA NDP level 2 11-12 years	Hendon Gym Club	Scarlett	Mays
4	TRA NDP level 2 11-12 years	Twizzlers	Lily	Dering
1	TRA NDP level 2 13+ years	Inspire Trampoline Academy	Sophie	Borley-Holden
2	TRA NDP level 2 13+ years	Queensmead Trampoline Club	Alys	Greenshields
3	TRA NDP level 2 13+ years	Inspire Trampoline Academy	leslie	morales-pereira
4	TRA NDP level 2 13+ years	Kingston Trampoline Academy	Camille	Phelps
5	TRA NDP level 2 13+ years	Kingston Trampoline Academy	Saskia	Pearl
6	TRA NDP level 2 13+ years	Inspire Trampoline Academy	Jodi	Grier
7	TRA NDP level 2 13+ years	Hendon Gym Club	Sophia	Reed
8	TRA NDP level 2 13+ years	Inspire Trampoline Academy	Caroline	Jones
1	TRA NDP level 3 9-10 years	Heathrow Gym Club	Shatakshi	Sudanagunta
1	TRA NDP level 3 11-12 years	Heathrow Gym Club	Lily	Pritchard
2	TRA NDP level 3 11-12 years	Queensmead Trampoline Club	Daisy	Eccleston
3	TRA NDP level 3 11-12 years	Twizzlers	Chloe	Davey
4	TRA NDP level 3 11-12 years	Kingston Trampoline Academy	Joe	Spensley
5	TRA NDP level 3 11-12 years	Queensmead Trampoline Club	Chay	Barker
6	TRA NDP level 3 11-12 years	Kingston Trampoline Academy	Dovydas	Olekas

7	TRA NDP level 3 11-12 years	Kingston Trampoline Academy	Jonas	Morland
8	TRA NDP level 3 11-12 years	Kingston Trampoline Academy	Bethan	Calder
1	TRA NDP level 3 13+ years	Kingston Trampoline Academy	Rebecca	Oram
2	TRA NDP level 3 13+ years	Kingston Trampoline Academy	Elizabeth	Mcdonagh
3	TRA NDP level 3 13+ years	Kingston Trampoline Academy	Jake	Azzopardi
4	TRA NDP level 3 13+ years	Kingston Trampoline Academy	Kate	O'Dwyer
5	TRA NDP level 3 13+ years	Hendon Gym Club	Alexia	Chan
6	TRA NDP level 3 13+ years	Twizzlers	Bea	Torre
7	TRA NDP level 3 13+ years	Queensmead Trampoline Club	Elinor	Greenshields
8	TRA NDP level 3 13+ years	Kingston Trampoline Academy	Daniel	Goldsack
1	TRA NDP level 4 9-10 years	Heathrow Gym Club	Asif	Malik
1	TRA NDP level 4 11-12 years	Kingston Trampoline Academy	Daisy	Poole
2	TRA NDP level 4 11-12 years	Heathrow Gym Club	Eva	Watts
3	TRA NDP level 4 11-12 years	Heathrow Gym Club	Hannah	Bunce
4	TRA NDP level 4 11-12 years	Camden Gymnastics Club	Amy	Chapman
5	TRA NDP level 4 11-12 years	Heathrow Gym Club	Mate	Dominik
1	TRA NDP level 4 13+ years	Hendon Gym Club	Ronna	Mirab
2	TRA NDP level 4 13+ years	Kingston Trampoline Academy	Ariadokht	Ezaz-Nikpay
3	TRA NDP level 4 13+ years	Kingston Trampoline Academy	Amy	Schafer
4	TRA NDP level 4 13+ years	Kingston Trampoline Academy	Susie	Hamzeh
5	TRA NDP level 4 13+ years	Queensmead Trampoline Club	Imogene	Munns
6	TRA NDP level 4 13+ years	Kingston Trampoline Academy	Freddy	Tolcher
7	TRA NDP level 4 13+ years	Kingston Trampoline Academy	Elizabeth	Cowan
8	TRA NDP level 4 13+ years	Camden Gymnastics Club	Pitta	Lomodong
1	TRA NDP level 5 11-12 years	Twizzlers	Eloise	North
2	TRA NDP level 5 11-12 years	Heathrow Gym Club	Joshua	Bouwer
1	TRA NDP level 5 13-14 years	Hendon Gym Club	Amy	Stewart
2	TRA NDP level 5 13-14 years	Heathrow Gym Club	Roberta	Tan
3	TRA NDP level 5 13-14 years	Queensmead Trampoline Club	Lilianna	Czaplewska
4	TRA NDP level 5 13-14 years	Zenith Trampoline Club	Caitlin	Ayres
5	TRA NDP level 5 13-14 years	Kingston Trampoline Academy	Vaishali	Balachandran
1	TRA NDP level 5 15+ years	Hendon Gym Club	AYOME	REID
2	TRA NDP level 5 15+ years	Heathrow Gym Club	Harry	Adam
3	TRA NDP level 5 15+ years	Queensmead Trampoline Club	Anoushka	Keeley
4	TRA NDP level 5 15+ years	Twizzlers	Joseph	Moore
5	TRA NDP level 5 15+ years	Hendon Gym Club	Petronella	Hoogeboom
6	TRA NDP level 5 15+ years	Kingston Trampoline Academy	Stella	Horrell
7	TRA NDP level 5 15+ years	Queensmead Trampoline Club	Leyla	Goodwin
1	TRA NDP level 6 13-14 years	Camden Gymnastics Club	Thomas	Lutman
2	TRA NDP level 6 13-14 years	Hendon Gym Club	Theo	Brass
3	TRA NDP level 6 13-14 years	Heathrow Gym Club	Joao	Caeiro
1	TRA NDP level 6 15-16 years	Zenith Trampoline Club	Zak	Demetriades

2	TRA NDP level 6 15-16 years	Kingston Trampoline Academy	Oliver	Cubillos
3	TRA NDP level 6 15-16 years	Kingston Trampoline Academy	Tyler	Stote
1	TRA NDP level 6 17+ years	Harrow Trampoline Club	Thiviya	Sivakanthan

## JEWELLERY AND BODY PIERCING:

[http://www.britishgymnastics.org/site/index.php?option=com\\_docman&task=cat\\_view&gid=374&Itemid=1134](http://www.britishgymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134)

Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

## ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones. Any games being played on these devices should not cause a distraction during the competition.

## PHOTOGRAPHY:

It is no longer necessary for people to register their intention to take photos and/or videos. Please note that flashlight photography is not permitted whilst the competition is going on (this includes warm-ups). However, please see the BG Photo Policy below.

## BRITISH GYMNASTICS PHOTOGRAPHY POLICY

### British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form:

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website [www.british-gymnastics.org](http://www.british-gymnastics.org). If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
  - a. Not to take photos – either generally or in particular circumstances.
  - b. To provide their full name and address and evidence of this
  - c. To let the Competition Organiser view any images recorded and to delete any images.
  - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing.



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