



LONDON TRAMPOLINE NDP REGIONAL TEAM

SATURDAY 25th March 2017, at THE ARENA, KINGSTON

Welcome to the Kingston Arena, home of Kingston Trampoline Academy. There has been an entry of 75 qualified Trampoline Gymnasts and 25 DMT qualified gymnasts from 7 clubs, taking part in this London NDP Regional Series 3 competition. We are running two panels for Trampolining and one panel for DMT. Thanks are due to the following:

- Members, parents and friends of Kingston Trampoline Academy
- Staff and management for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the Arena – PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR. Ensure that you have all your property when you leave.

FLOOR ACCESS:

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines, the matted area around the DMT, the DMT run and the officials' areas.

CLUBS COMPETING TODAY:

Must be British Gymnastics *registered* & London Gymnastics *affiliated*

Camden Gymnastics Club
Harrow Trampoline Club
Heathrow Gym Club
Hendon Gymnastics Club
Kingston Trampoline Academy
Twizzlers
Zenith Trampoline Club

MEDALS & PRESENTATION:

Medals will be awarded to the top three individuals in each TRA and DMT group at the end of each flight.

RESULTS:

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on GymNET.

WELFARE OFFICER:

The Welfare Officer for this event is Michael Freeman.

COACHING/PERFORMER QUALIFICATION:

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

WARM UP & COMPETE:

WARM UP: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their set and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

COMPULSORY ROUTINES A or B: After warm up, there will be a one touch warm up where the competitor will have to choose which routine to practice. The performers will then return to the marshalling area and be called to compete in Start list order. They will all compete their Compulsory routines in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

All timings are approximate. The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of programme time. The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late.

TIMETABLE

London NDP Regional Team Qualifier		PANEL 1		PANEL 2					
SESSION 1									
Warm Up	3:00 - 3:15pm	TRI NDP 3	15	TRI NDP 7	2	RANGE & CONDITION			
1 Touch	3:15 - 3:25pm			TRI NDP 6	6				
				TRI NDP 1	9	TRI NDP 2	21	3:10 - 3:30pm	
			15		17	TRI NDP 4	18	3:35 - 4pm	
Compete	3:25 - 4:10pm					TRI NDP 5	4	4 - 4:05pm	
SESSION 2						RANGE & CONDITION			
Warm Up	4:10 - 4:30pm	TRI NDP 2	21	TRI NDP 4	18				
1 Touch	4:30 - 4:40pm			TRI NDP 5	4	TRI NDP 1	9	4:15 - 4:25pm	
						TRI NDP 3	15	4:25 - 4:40pm	
			21		22	TRI NDP 6	6	4:45 - 4:50pm	
Compete	4:40 - 5:35pm					TRI NDP 7	2	4:50 - 4:55pm	
						DMT	3	5pm - 5:05pm	
SESSION 3		DMT							
General Warm up	5:35 - 6pm	DMT NDP 1	11						
		DMT NDP 2	7						
		DMT NDP 3	2						
		DMT NDP 4	2						
		DMT NDP 5	1						
		DMT NDP 6	2						
			25						
Specific Warm Up	6 - 6:20pm								
Compete	6:20 - 7:30pm								

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed. Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

OFFICIALS

SESSION 1 & 2						
PANEL 1				PANEL 2		NDP TRI
Chair	Carol Charters	Zenith		Chair	Michael Freeman	KTA
Execution Judge 1	Angela Moore	Twizzlers		Execution Judge 1	Bailey Pizey	Camden
Execution Judge 2	Humberto Hernandez	Hendon		Execution Judge 2	Rebecca Oram	KTA
Execution Judge 3	Rathy Sivakanthan	Harrow		Execution Judge 3	Louise Cardomone-Ward	Heathrow
Execution Judge 4	Shalika Koroma	Camden		Execution Judge 4	Peter Freeman	KTA
Execution Judge 5	Katie Drewett	KTA		Execution Judge 5	Zara Munday	Twizzlers
Tariff Judge 1	Fay Mitchell	KTA		Tariff Judge 1	Sarah Warren-Smith	KTA
Tariff Judge 2	Hayley Harris	Camden		Tariff Judge 2	Gary Halfteck	Heathrow
Computer	Zak Laidi	Camden		Computer	Carol Freeman	KTA
Recorder	Isabelle Shaw Nelson	KTA		Recorder	Richard Louch	Camden
Marshal	Stacey Langham Stewart	Hendon		Marshal	Mr Bunce	Heathrow
SESSION 3						
PANEL 1				SESSIONS 2 & 3		
NDP DMT				PANEL 3		RANGE & CONDITIONING
Chair	Sarah Warren-Smith	KTA		Execution Judge 1	Sophie Clift	KTA
Assistant Chair				Execution Judge 2	Claire Mitchell	KTA
Execution Judge 1	Michael Freeman	KTA		Computer	Jennifer Michail	KTA
Execution Judge 2	Katie Drewett	KTA		Recorder	Ilona Brunyanszki	Hendon
Execution Judge 3	Isabelle Shaw Nelson	KTA				
Execution Judge 4	Peter Freeman	KTA				
Execution Judge 5	Natalie Sacre	KTA				
Tariff Judge 1	Fay Mitchell	KTA				
Tariff Judge 2						
Computer	Carol Freeman	KTA				
Recorder	Rebecca Oram	KTA				
Marshal						
Reserves						
	There are NO reserves					
Organisation						
Competition Organiser	Bal Dowrich					
Database	Karen Gent (not present on the day)					
Judges	Linda Lawrie (not present on the day)					
Computers	Andrew Wood					
Floor Manager	Kingston Trampoline Academy					
Trophies	Organisers					

NO CHANGES TO THE ABOVE WITHOUT THE PRIOR CONSENT OF THE JUDGING

OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.

SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER

COMPETITORS NDP
TRAMPOLINE

Start number	Club Name	Competition Name	Gymnast
1	Kingston Trampoline Academy	TRA NDP 1 Girls 9-10 years	Freya Georges
2	Heathrow Gym Club	TRA NDP 1 Girls 9-10 years	Grace Palmer
3	Kingston Trampoline Academy	TRA NDP 1 Girls 9-10 years	Phoebe Craddock
4	Kingston Trampoline Academy	TRA NDP 1 Girls 9-10 years	Alice Young
1	Kingston Trampoline Academy	TRA NDP 1 Girls 11-12 years	Julia Curley
1	Kingston Trampoline Academy	TRA NDP 1 Boys 11-12 years	Daniel Goldsack
2	Camden Gymnastics Club	TRA NDP 1 Boys 11-12 years	Jaycee Harris
1	Kingston Trampoline Academy	TRA NDP 1 Girls 13+ years	Iris Aukett
2	Camden Gymnastics Club	TRA NDP 1 Girls 13+ years	Amelia Vaistone-Smith
1	Heathrow Gym Club	TRA NDP 2 Girls 9-10 years	Lily Pritchard
2	Hendon Gym Club	TRA NDP 2 Girls 9-10 years	Hannah Lennon
3	Heathrow Gym Club	TRA NDP 2 Girls 9-10 years	Shatakshi Sudanagunta
4	Kingston Trampoline Academy	TRA NDP 2 Girls 9-10 years	Jessie Nesbitt
5	Kingston Trampoline Academy	TRA NDP 2 Girls 9-10 years	Ciara McLaren
1	Kingston Trampoline Academy	TRA NDP 2 Girls 11-12 years	Bethan Calder
2	Kingston Trampoline Academy	TRA NDP 2 Girls 11-12 years	Daisy Poole
3	Heathrow Gym Club	TRA NDP 2 Girls 11-12 years	Elah Blyumkin
4	Camden Gymnastics Club	TRA NDP 2 Girls 11-12 years	India Smith
1	Kingston Trampoline Academy	TRA NDP 2 Boys 11-12 years	Daniel Mayger
2	Kingston Trampoline Academy	TRA NDP 2 Boys 11-12 years	Jonas Morland
3	Hendon Gym Club	TRA NDP 2 Boys 11-12 years	Theo Brass
4	Kingston Trampoline Academy	TRA NDP 2 Boys 11-12 years	Campbell McLaren
1	Kingston Trampoline Academy	TRA NDP 2 Girls 13+ years	Leah Woodcock
2	Camden Gymnastics Club	TRA NDP 2 Girls 13+ years	Isabella Lakey
3	Kingston Trampoline Academy	TRA NDP 2 Girls 13+ years	Francesca Baty-Symes
4	Kingston Trampoline Academy	TRA NDP 2 Girls 13+ years	Oda Anderberg
5	Kingston Trampoline Academy	TRA NDP 2 Girls 13+ years	Elizabeth Mcdonagh
6	Camden Gymnastics Club	TRA NDP 2 Girls 13+ years	Eden Defar
1	Kingston Trampoline Academy	TRA NDP 2 Boys 13+ years	Daniel Smith
2	Camden Gymnastics Club	TRA NDP 2 Boys 13+ years	Alfie Louch

1	Hendon Gym Club	TRA NDP 3 Girls 9-10 years	Ruby Rae Atzmon
1	Hendon Gym Club	TRA NDP 3 Girls 11-12 years	Zyra Reid
2	Heathrow Gym Club	TRA NDP 3 Girls 11-12 years	Eva Watts
3	Camden Gymnastics Club	TRA NDP 3 Girls 11-12 years	Amy Chapman
1	Kingston Trampoline Academy	TRA NDP 3 Boys 11-12 years	Dovydas Olekas
2	Kingston Trampoline Academy	TRA NDP 3 Boys 11-12 years	Ben Hallett
1	Hendon Gym Club	TRA NDP 3 Girls 13+ years	Ronna Mirab Georgia Blackender-
2	Camden Gymnastics Club	TRA NDP 3 Girls 13+ years	Jardine
3	Camden Gymnastics Club	TRA NDP 3 Girls 13+ years	Holly Williams
4	Hendon Gym Club	TRA NDP 3 Girls 13+ years	Amy Stewart
5	Kingston Trampoline Academy	TRA NDP 3 Girls 13+ years	Stella Horrell
6	Camden Gymnastics Club	TRA NDP 3 Girls 13+ years	Pitta Domodong
7	Camden Gymnastics Club	TRA NDP 3 Girls 13+ years	Kate Wellington
8	Kingston Trampoline Academy	TRA NDP 3 Girls 13+ years	Aria Nikpay
1	Camden Gymnastics Club	TRA NDP 3 Boys 13+ years	Stan Brassington
2	Heathrow Gym Club	TRA NDP 3 Boys 13+ years	Harry Adam
1	Kingston Trampoline Academy	TRA NDP 4 Girls 9-10 years	Chloe Annett
2	Kingston Trampoline Academy	TRA NDP 4 Girls 9-10 years	Holly Baxter
3	Heathrow Gym Club	TRA NDP 4 Girls 9-10 years	Hannah Bunce
4	Kingston Trampoline Academy	TRA NDP 4 Girls 9-10 years	Bethany Randall
1	Kingston Trampoline Academy	TRA NDP 4 Girls 11-12 years	Jemima Eckes
2	Hendon Gym Club	TRA NDP 4 Girls 11-12 years	Alisa Goldstein
3	Twizzlers	TRA NDP 4 Girls 11-12 years	Eloise North
1	Camden Gymnastics Club	TRA NDP 4 Boys 11-12 years	Thomas Lutman
2	Kingston Trampoline Academy	TRA NDP 4 Boys 11-12 years	Joe Spensley
1	Camden Gymnastics Club	TRA NDP 4 Girls 13+ years	Isadora Mill
2	Kingston Trampoline Academy	TRA NDP 4 Girls 13+ years	Vaishali Balachandran
3	Kingston Trampoline Academy	TRA NDP 4 Girls 13+ years	Susie Hamzeh
4	Harrow Trampoline Club	TRA NDP 4 Girls 13+ years	Sandhya Sivakanthan
5	Kingston Trampoline Academy	TRA NDP 4 Girls 13+ years	Elizabeth Cowan
6	Twizzlers	TRA NDP 4 Girls 13+ years	Freya Camille
7	Twizzlers	TRA NDP 4 Girls 13+ years	Tianee Camille
8	Hendon Gym Club	TRA NDP 4 Girls 13+ years	Ayome Reid
1	Twizzlers	TRA NDP 4 Boys 13+ years	Joseph Moore

1	Kingston Trampoline Academy	TRA NDP 5 Girls 11-12 years	Sasha Khan
1	Heathrow Gym Club	TRA NDP 5 Boys 11-12 years	Frankie Haugh
1	Kingston Trampoline Academy	TRA NDP 5 Boys 13-14 years	Freddy Tolcher
1	Kingston Trampoline Academy	TRA NDP 5 Girls 15+ years	Caitlin Fahey
1	Heathrow Gym Club	TRA NDP 6 Boys 9-12 years	Joao Croca-Caeiro
1	Zenith Trampoline Club	TRA NDP 6 Boys 13-14 years	Zak Demetriades
2	Camden Gymnastics Club	TRA NDP 6 Boys 13-14 years	Petar Stanchev
3	Kingston Trampoline Academy	TRA NDP 6 Boys 13-14 years	Oliver Cubillos
1	Kingston Trampoline Academy	TRA NDP 6 Girls 15-16 years	Tyler Stote
1	Harrow Trampoline Club	TRA NDP 6 Ladies 17+ years	Thiviya Sivakanthan
1	Camden Gymnastics Club	TRA NDP 7 Boys 11-14 years	Michael Cheetham
1	Kingston Trampoline Academy	TRA NDP 7 Ladies 17+ years	Amber Stevens

COMPETITORS NDP
DMT

Start Number	Club Name	Competition Name	Gymnast
1	Kingston Trampoline Academy	DMT NDP 1 Girls 9-10 years	Chloe Annett
2	Kingston Trampoline Academy	DMT NDP 1 Girls 9-10 years	Bethany Randal
1	Kingston Trampoline Academy	DMT NDP 1 Girls 11-12 years	Bethan Calder
1	Kingston Trampoline Academy	DMT NDP 1 Boys 11-12 years	Campbell McLare
2	Kingston Trampoline Academy	DMT NDP 1 Boys 11-12 years	Daniel Mayger
3	Kingston Trampoline Academy	DMT NDP 1 Boys 11-12 years	Jonas Morland
4	Kingston Trampoline Academy	DMT NDP 1 Boys 11-12 years	Joe Spensley
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1	Kingston Trampoline Academy	DMT NDP 1 Girls 13+ years	Leah Woodcock
2	Kingston Trampoline Academy	DMT NDP 1 Girls 13+ years	Oda Anderberg
3	Kingston Trampoline Academy	DMT NDP 1 Girls 13+ years	Francesca Baty-Syr
1	Kingston Trampoline Academy	DMT NDP 2 Girls 9-10 years	Holly Baxter
1	Kingston Trampoline Academy	DMT NDP 2 Girls 11-12 years	Amy Schafer
1	Kingston Trampoline Academy	DMT NDP 2 Boys 11-12 years	Dovydas Olekas
2	Kingston Trampoline Academy	DMT NDP 2 Boys 11-12 years	Ben Hallett
1	Kingston Trampoline Academy	DMT NDP 2 Girls 13+ years	Susie Hamzeh
2	Kingston Trampoline Academy	DMT NDP 2 Girls 13+ years	Elizabeth Cowar
3	Kingston Trampoline Academy	DMT NDP 2 Girls 13+ years	Vaishali Balachand
1	Kingston Trampoline Academy	DMT NDP 3 Girls 11-12 years	Sasha Khan
2	Kingston Trampoline Academy	DMT NDP 3 Girls 11-12 years	Jemima Eckes
1	Kingston Trampoline Academy	DMT NDP 4 Girls 13+ years	Caitlin Fahey
1	Kingston Trampoline Academy	DMT NDP 4 Boys 13+ years	Oliver Cubillos
1	Kingston Trampoline Academy	DMT NDP 5 Boys 13-14 years	Freddy Tolcher
1	Kingston Trampoline Academy	DMT NDP 6 Ladies 17+ years	Amber Stevens
1	Kingston Trampoline Academy	DMT NDP 6 Men 17+ years	Alfie Tolcher

JEWELLERY AND BODY PIERCING:

http://www.britishgymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134 Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones. Any games being played on these devices should not cause a distraction during the competition.

PHOTOGRAPHY:

It is no longer necessary for people to register their intention to take photos and/or videos. Please note that flashlight photography is not permitted whilst the competition is going on (this includes warm-ups). However, please see the BG Photo Policy below.

BRITISH GYMNASTICS PHOTOGRAPHY POLICY

British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form:

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos – either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing.

COMPETITION CALENDAR LONDON 2017

Event Name & Date	Closing Date	Venue
London NDP Regional Series 1 Saturday 12 th November 2016	23:00hrs Monday 24 th October 2016	Kingston Trampoline Academy Arena, Kingston College Kingston upon Thames, KT1 2AQ 020 8941 7083
London NDP Regional Series 2 Saturday 14 th January 2017	23:00hrs Monday 19 th December 2016	Kingston Trampoline Academy Arena, Kingston College, Kingston-upon-Thames, KT1 2AQ 020 8941 7083
London Region Trampoline 1 Sunday 22 nd January 2017	23:00hrs Tuesday 3 rd January 2017	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region DMT 1 Thursday 26 th January 2017	23:00hrs Monday 9 th January 2017	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
London NDP Regional Series 3 Saturday 25 th February 2017	23:00hrs Monday 6 th February 2017	Kingston Trampoline Academy Arena, Kingston College, Kingston-upon-Thames, KT1 2AQ 020 8941 7083
London Region DMT 2 Thursday 16 th March 2017	23:00hrs Monday 27 th February 2017	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
TRA NDP Regional Team Saturday 25 th March 2017	23:00hrs Monday 6 th March 2017	Kingston Trampoline Academy Arena, Kingston College, Kingston Upon Thames, KT1 2AQ 020 8941 7083
London Region Trampoline 2 Sunday 2 nd April 2017	23:00hrs Monday 13 th March 2017	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB

London Region DMT 3Thursday 25th May 201723:00hrs Monday
8th May 2017London DMT
Reynolds Sports Centre,
Gunnersbury Lane, W3 8EY
07950 267655**NDP Team Finals**Friday 16th June to
Sunday 18th June 201723.00hrs Monday
1st May 2017Barclaycard Arena
Birmingham

Please note that the region has to submit the entry for this therefore clubs must ensure that all monies are paid to the region by the closing date

London Region Trampoline 3Sunday 2nd July 201723:00hrs Monday
12th June 2017Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211**London Region Trampoline 4**Sunday 17th September 201723:00hrs Monday
28th August 2017Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211**London Regional DMT****Championships & Closed**

Saturday 21st October 2017

23:00hrs Monday
2nd October 2017London DMT
Reynolds Sports Centre,
Gunnersbury Lane, W3 8EY
07950 267655**London Region Trampoline Championships plus London Closed 2017**Saturday 11th November &
Sunday 12th November 201723:00hrs Monday
16th October 2017Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211