



LONDON TRAMPOLINE NDP REGIONAL SERIES
SATURDAY 12th November 2016, at THE ARENA, KINGSTON

Welcome to the Kingston Arena, home of Kingston Trampoline Academy. There has been an entry of 83 Trampoline Gymnasts and 22 DMT gymnasts from 5 clubs, taking part in this London competition. We are running two panels for Trampolining and one panel for DMT. Thanks are due to the following:

- Members, parents and friends of Kingston Trampoline Academy
- Staff and management for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the Arena – PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR. Ensure that you have all your property when you leave.

FLOOR ACCESS:

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines, the matted area around the DMT, the DMT run and the officials' areas.

CLUBS COMPETING TODAY:

Must be British Gymnastics *registered* & London Gymnastics *affiliated*

Camden Gymnastics Club
Heathrow Gymnastics Club
Hendon Gymnastics Club
Kingston Trampoline Academy
Twizzlers

MEDALS & PRESENTATION:

Medals will be awarded to the top three individuals in each TRA and DMT group at the end of each flight.

RESULTS:

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on GymNET.

WELFARE OFFICER:

The Welfare Officer for this event is Michael Freeman.

COACHING/PERFORMER QUALIFICATION:

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

WARM UP & COMPETE:

WARM UP: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their set and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

COMPULSORY ROUTINES A or B: After warm up, there will be a one touch warm up where the competitor will have to choose which routine to practice. The performers will then return to the marshalling area and be called to compete in Start list order. They will all compete their Compulsory routines in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

All timings are approximate. The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of programme time. The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late.

TIMETABLE

		PANEL 1	PANEL 2
SESSION 1			
Warm Up	3:00 - 3:15pm	NDP TRI 7 (2) NDP TRI 6 (4) NDP TRI 5 (7)	NDP TRI 3 (13)
One Touch Compete	3:15 – 3:25pm 3:25 – 4pm		
SESSION 2			
Warm Up	4:00 – 4:25pm	NDP TRI 2 (22)	NDP TRI 1 (5) NDP TRI 4 (12)
One Touch Compete	4:25 - 4:35pm 4:35 – 5:40pm		
SESSION 3			
Warm Up	5:40 - 5:55pm	NDP TRI Club 1 (14) NDP TRI Club 2 (4)	
One Touch Compete	5:55 - 6:05pm 6:05 – 7pm		
			DMT PANEL
SESSION 3			
General Warm Up	5:30 – 6pm		NDP DMT 1 (9) NDP DMT 2 (7) NDP DMT 3 (2) NDP DMT 4 (2) NDP DMT 5 (1) NDP DMT 6 (1)
Specific Warm Up Compete	6 - 6:15pm 6:15 – 7pm		

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed. Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

OFFICIALS

SESSION 1					
PANEL 1			PANEL 2		
NDP TRI			NDP TRI		
Chair	Michael Freeman	Kingston Trampoline Academy	Chair	Andrew Freeman	Kingston Trampoline Academy
Execution Judge 1	Bailey Pizzey	Camden	Execution Judge 1	Isabelle Shaw Nelson	Kingston Trampoline Academy
Execution Judge 2	Peter Freeman	Kingston Trampoline Academy	Execution Judge 2	Shakira Koroma	Camden
Execution Judge 3	Louise Cardomone-Ward	Heathrow	Execution Judge 3	Humberto Hernandez	Hendon
Execution Judge 4	Claire Gardner	Kingston Trampoline Academy	Execution Judge 4	Karla Palmer	Heathrow
Execution Judge 5	Angela Moore	Twizzlers	Execution Judge 5	Jennifer Michail	Kingston Trampoline Academy
Tariff Judge 1	Hayley Harris	Camden	Tariff Judge 1	Gary Halfteck	Heathrow
Tariff Judge 2			Tariff Judge 2		
Computer	Carol Freeman	Kingston Trampoline Academy	Computer	Oscar Parker	Kingston Trampoline Academy
Recorder	Mr Wilkinson	Heathrow	Recorder	Simone McQueen	Camden
Marshal	Richard Louch	Camden	Marshal	Rebecca Oram	Kingston Trampoline Academy
SESSION 2					
PANEL 1			PANEL 2		
NDP TRI			NDP TRI		
Chair	Michael Freeman	Kingston Trampoline Academy	Chair	Andrew Freeman	Kingston Trampoline Academy
Execution Judge 1	Bailey Pizzey	Camden	Execution Judge 1	Isabelle Shaw Nelson	Kingston Trampoline Academy
Execution Judge 2	Peter Freeman	Kingston Trampoline Academy	Execution Judge 2	Shakira Koroma	Camden
Execution Judge 3	Louise Cardomone-Ward	Heathrow	Execution Judge 3	Humberto Hernandez	Hendon
Execution Judge 4	Claire Gardner	Kingston Trampoline Academy	Execution Judge 4	Karla Palmer	Heathrow
Execution Judge 5	Angela Moore	Twizzlers	Execution Judge 5	Jennifer Michail	Kingston Trampoline Academy
Tariff Judge 1	Hayley Harris	Camden	Tariff Judge 1	Gary Halfteck	Heathrow
Tariff Judge 2			Tariff Judge 2		
Computer	Carol Freeman	Kingston Trampoline Academy	Computer	Oscar Parker	Kingston Trampoline Academy
Recorder	Mr Wilkinson	Heathrow	Recorder	Simone McQueen	Camden
Marshal	Richard Louch	Camden	Marshal	Rebecca Oram	Kingston Trampoline Academy
SESSION 3					
PANEL 1			PANEL 2		
NDP TRI			NDP DMT		
Chair	Andrew Freeman	Kingston Trampoline Academy	Chair	Michael Freeman	Kingston Trampoline Academy
			Assistant Chair		
Execution Judge 1	Louise Cardomone-Ward	Heathrow	Execution Judge 1	Lucy McSweeney	Kingston Trampoline Academy
Execution Judge 2	Bailey Pizzey	Camden	Execution Judge 2	Peter Freeman	Kingston Trampoline Academy
Execution Judge 3	Angela Moore	Twizzlers	Execution Judge 3	Isabelle Shaw Nelson	Kingston Trampoline Academy
Execution Judge 4	Humberto Hernandez	Hendon	Execution Judge 4	Jennifer Michail	Kingston Trampoline Academy
Execution Judge 5	Karla Palmer	Heathrow	Execution Judge 5	Katie Drewett	Kingston Trampoline Academy
Tariff Judge 1	Gary Halfteck	Heathrow	Tariff Judge 1		Kingston Trampoline Academy
Tariff Judge 2			Tariff Judge 2		
Computer	Carol Freeman	Kingston Trampoline Academy	Computer	Oscar Parker	Kingston Trampoline Academy
Recorder	Mr Wilkinson	Heathrow	Recorder	Jane Moulds / Sally Eckes	Kingston Trampoline Academy
Marshal	Richard Louch	Camden	Marshal		
Qualified Reserves					
TRI sessions 1 & 2	Lucy McSweeney	Kingston Trampoline Academy			
TRI session 3	Hayley Harris	Camden			
Unqualified Reserves					
	None				
Organisation					
Competition Organisers	Bal Dowrich	Independent			
	Kirsty Sweet	London DMT			
Database	Karen Gent (not present on the day)	Coney Hall Cosmonauts			
Judges	Linda Lawrie (not present on the day)	Harlington Hawks			
Computers	Andrew Wood	Harlington Hawks			
Floor Manager		Kingston Trampoline Academy			

NO CHANGES TO THE ABOVE WITHOUT THE PRIOR CONSENT OF THE JUDGING COORDINATOR

OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.

SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER

No

1	Kingston Trampoline Academy	TRA Club level 1 11-12 years	Julia Curley
2	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Chloe Emerson
3	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Anya Kendrick
4	Kingston Trampoline Academy	TRA Club level 1 9-10 years	Gabrielle Park
5	Kingston Trampoline Academy	TRA Club level 1 9-10 years	Alice Young
6	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Chloe Langley
7	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Lilia Hamblin
8	Kingston Trampoline Academy	TRA Club level 1 9-10 years	Freya Georges
9	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Eloise Gardner
10	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Toby Eckes
11	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Jemima Carratu
12	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Emily Mccarthy
13	Kingston Trampoline Academy	TRA Club level 1 9-10 years	Phoebe Craddock
14	Kingston Trampoline Academy	TRA Club level 1 7-8 years	Joshua Baker
1	Heathrow Gym Club	TRA Club level 2 11-12 years	Matilda Evans
2	Heathrow Gym Club	TRA Club level 2 11-12 years	Joshua Bower
3	Heathrow Gym Club	TRA Club level 2 11-12 years	Joshua Hon
4	Heathrow Gym Club	TRA Club level 2 11-12 years	Eva Watts
1	Camden Gymnastics Club	TRA NDP level 1 11-12 years	Amelia Vaistone-Smith
2	Heathrow Gym Club	TRA NDP level 1 9-10 years	Grace Palmer
3	Camden Gymnastics Club	TRA NDP level 1 9-10 years	Sienna Conquest-Appadoo
4	Kingston Trampoline Academy	TRA NDP level 1 11-12 years	Daniel Goldsack
5	Camden Gymnastics Club	TRA NDP level 1 11-12 years	Jaycee Harris
1	Heathrow Gym Club	TRA NDP level 2 11-12 years	Matilda Evans
2	Kingston Trampoline Academy	TRA NDP level 2 13+ years	Oda Anderberg
3	Kingston Trampoline Academy	TRA NDP level 2 13+ years	Daniel Smith
4	Heathrow Gym Club	TRA NDP level 2 9-10 years	Lily Pritchard
5	Kingston Trampoline Academy	TRA NDP level 2 13+ years	Francesca Baty-Symes
6	Kingston Trampoline Academy	TRA NDP level 2 11-12 years	Daniel Mayger
7	Hendon Gym Club	TRA NDP level 2 11-12 years	Theo Brass
8	Kingston Trampoline Academy	TRA NDP level 2 9-10 years	Jessie Nesbitt
9	Kingston Trampoline Academy	TRA NDP level 2 11-12 years	Bethan Calder
10	Heathrow Gym Club	TRA NDP level 2 11-12 years	Elah Blyumkin
11	Kingston Trampoline Academy	TRA NDP level 2 13+ years	Tiyana Meade-Blanchard
12	Heathrow Gym Club	TRA NDP level 2 9-10 years	Shatakshi Sudanagunta
13	Kingston Trampoline Academy	TRA NDP level 2 11-12 years	Daisy Poole
14	Camden Gymnastics Club	TRA NDP level 2 13+ years	Alfie Louch
15	Kingston Trampoline Academy	TRA NDP level 2 11-12 years	Jonas Morland
16	Camden Gymnastics Club	TRA NDP level 2 13+ years	Eden Defar
17	Kingston Trampoline Academy	TRA NDP level 2 11-12 years	Campbell McLaren

18	Kingston Trampoline Academy	TRA NDP level 2 9-10 years	Ciara McLaren
19	Camden Gymnastics Club	TRA NDP level 2 11-12 years	India Smith
20	Kingston Trampoline Academy	TRA NDP level 2 11-12 years	Joe Spensley
21	Camden Gymnastics Club	TRA NDP level 2 11-12 years	Amy Chapman
22	Kingston Trampoline Academy	TRA NDP level 2 13+ years	Leah Woodcock
1	Camden Gymnastics Club	TRA NDP level 3 13+ years	Georgia Blackender-Jardine
2	Kingston Trampoline Academy	TRA NDP level 3 9-10 years	Holly Baxter
3	Camden Gymnastics Club	TRA NDP level 3 13+ years	Pitta Domodong
4	Kingston Trampoline Academy	TRA NDP level 3 9-10 years	Chloe Annett
5	Twizzlers	TRA NDP level 3 11-12 years	Eloise North
6	Kingston Trampoline Academy	TRA NDP level 3 11-12 years	Ben Hallett
7	Kingston Trampoline Academy	TRA NDP level 3 11-12 years	Jemima Eckes
8	Camden Gymnastics Club	TRA NDP level 3 13+ years	Holly Williams
9	Kingston Trampoline Academy	TRA NDP level 3 11-12 years	Dovydas Olekas
10	Heathrow Gym Club	TRA NDP level 3 9-10 years	Asif Malik
11	Camden Gymnastics Club	TRA NDP level 3 13+ years	Kate Wellington
12	Kingston Trampoline Academy	TRA NDP level 3 9-10 years	Bethany Randall
13	Camden Gymnastics Club	TRA NDP level 3 11-12 years	Stan Brassington
1	Kingston Trampoline Academy	TRA NDP level 4 13+ years	Elizabeth Cowan
2	Camden Gymnastics Club	TRA NDP level 4 11-12 years	Isadora Mill
3	Hendon Gym Club	TRA NDP level 4 13+ years	Sophia Reed
4	Kingston Trampoline Academy	TRA NDP level 4 11-12 years	Sasha Khan
5	Camden Gymnastics Club	TRA NDP level 4 11-12 years	Isadora Mill
6	Kingston Trampoline Academy	TRA NDP level 4 13+ years	Susie Hamzeh
7	Hendon Gym Club	TRA NDP level 4 11-12 years	Alisa Goldstein
8	Kingston Trampoline Academy	TRA NDP level 4 13+ years	Vaishali Balachandran
9	Heathrow Gym Club	TRA NDP level 4 9-10 years	Hannah Bunce
10	Twizzlers	TRA NDP level 4 13+ years	Tianee Camille
11	Camden Gymnastics Club	TRA NDP level 4 11-12 years	Thomas Lutman
12	Twizzlers	TRA NDP level 4 13+ years	Freya Camille
13	Kingston Trampoline Academy	TRA NDP level 4 11-12 years	Amy Schafer
1	Kingston Trampoline Academy	TRA NDP level 5 15+ years	Caitlin Fahey
2	Camden Gymnastics Club	TRA NDP level 5 13-14 years	Lauran Leslie
3	Heathrow Gym Club	TRA NDP level 5 11-12 years	Frankie Haugh
4	Kingston Trampoline Academy	TRA NDP level 5 13-14 years	Freddy Tolcher
5	Camden Gymnastics Club	TRA NDP level 5 15+ years	Shalika Koroma
6	Heathrow Gym Club	TRA NDP level 5 11-12 years	Aaliyah Swaby
7	Kingston Trampoline Academy	TRA NDP level 5 15+ years	Jasmine Bates
1	Heathrow Gym Club	TRA NDP level 6 9-12 years	Joao Croca-Caeiro
2	Kingston Trampoline Academy	TRA NDP level 6 13-14 years	Oliver Cubillos
3	Kingston Trampoline Academy	TRA NDP level 6 15-16 years	Tyler Stote
4	Camden Gymnastics Club	TRA NDP level 6 13-14 years	Petar Stanchev

1	Camden Gymnastics Club	TRA NDP level 7 11-14 years	Michael Cheetham
2	Kingston Trampoline Academy	TRA NDP level 7 17+ years	Amber Stevens

Start No	Club Name	Competition Name	Gymnast
1	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Leah Woodcock
2	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Campbell McLaren
3	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Jonas Morland
4	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Bethan Calder
5	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Daniel Mayger
6	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Francesca Baty-Syme
7	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Daniel Smith
8	Kingston Trampoline Academy	DMT NDP level 1 13+ years	Oda Anderberg
9	Kingston Trampoline Academy	DMT NDP level 1 11-12 years	Daniel Goldsack
1	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Elizabeth Cowan
2	Kingston Trampoline Academy	DMT NDP level 2 11-12 years	Amy Schafer
3	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Vaishali Balachandrar
4	Kingston Trampoline Academy	DMT NDP level 2 11-12 years	Dovydas Olekas
5	Kingston Trampoline Academy	DMT NDP level 2 13+ years	Susie Hamzeh
6	Kingston Trampoline Academy	DMT NDP level 2 11-12 years	Jemima Eckes
7	Kingston Trampoline Academy	DMT NDP level 2 11-12 years	Ben Hallett
1	Kingston Trampoline Academy	DMT NDP level 3 11-12 years	Sasha Khan
2	Kingston Trampoline Academy	DMT NDP level 3 13+ years	Jasmine Bates
1	Kingston Trampoline Academy	DMT NDP level 4 13+ years	Tyler Stote
2	Kingston Trampoline Academy	DMT NDP level 4 13+ years	Caitlin Fahey
1	Kingston Trampoline Academy	DMT NDP level 5 13-14 years	Freddy Tolcher
1	Kingston Trampoline Academy	DMT NDP level 6 17+ years	Alfie Tolcher

JEWELLERY AND BODY PIERCING:

http://www.britishgymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134 Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones. Any games being played on these devices should not cause a distraction during the competition.

PHOTOGRAPHY:

It is no longer necessary for people to register their intention to take photos and/or videos. Please note that flashlight photography is not permitted whilst the competition is going on (this includes warm-ups). However, please see the BG Photo Policy below.

BRITISH GYMNASTICS PHOTOGRAPHY POLICY

British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form:

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org. If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos – either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing.

COMPETITION CALENDAR LONDON 2017

Event Name & Date	Closing Date	Venue
London NDP Regional Series 1 Saturday 12 th November 2016	23:00hrs Monday 24 th October 2016	Kingston Trampoline Academy Arena, Kingston College Kingston upon Thames, KT1 2AQ 020 8941 7083
London NDP Regional Series 2 Saturday 14 th January 2017	23:00hrs Monday 19 th December 2016	Kingston Trampoline Academy Arena, Kingston College, Kingston-upon-Thames, KT1 2AQ 020 8941 7083
London Region Trampoline 1 Sunday 22 nd January 2017	23:00hrs Tuesday 3 rd January 2017	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region DMT 1 Thursday 26 th January 2017	23:00hrs Monday 9 th January 2017	London DMT Reynolds Sports Centre, Gunnensbury Lane, W3 8EY 07950 267655
London NDP Regional Series 3 Saturday 25 th February 2017	23:00hrs Monday 6 th February 2017	Kingston Trampoline Academy Arena, Kingston College, Kingston-upon-Thames, KT1 2AQ 020 8941 7083
London Region DMT 2 Thursday 16 th March 2017	23:00hrs Monday 27 th February 2017	London DMT Reynolds Sports Centre, Gunnensbury Lane, W3 8EY 07950 267655
TRA NDP Regional Team Saturday 25 th March 2017	23:00hrs Monday 6 th March 2017	Kingston Trampoline Academy Arena, Kingston College, Kingston Upon Thames, KT1 2AQ 020 8941 7083
London Region Trampoline 2 Sunday 2 nd April 2017	23:00hrs Monday 13 th March 2017	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB

London Region DMT 3Thursday 25th May 201723:00hrs Monday
8th May 2017London DMT
Reynolds Sports Centre,
Gunnery Lane, W3 8EY
07950 267655**NDP Team Finals**Friday 16th June to
Sunday 18th June 2017*Please note that the region has to
submit the entry for this therefore
clubs must ensure that all monies
are paid to the region by the
closing date*23:00hrs Monday
1st May 2017Barclaycard Arena
Birmingham**London Region Trampoline 3**Sunday 2nd July 201723:00hrs Monday
12th June 2017Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211**London Region Trampoline 4**Sunday 1st October 201723:00hrs Monday
11th September 2017Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211**London Regional DMT****Championships & Closed**Saturday 14th October 201723:00hrs Monday
25th September 2017London DMT
Reynolds Sports Centre,
Gunnery Lane, W3 8EY
07950 267655**London Region Trampoline Championships plus London Closed 2017**Saturday 11th November &Sunday 12th November 201723:00hrs Monday
16th October 2017Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211