



LONDON REGIONAL TRAMPOLINE 2
Sunday 7th February 2016, at Harlington Sports Centre

Welcome to Harlington Sports Centre, the home of Harlington Hawks. We have an entry of 159 Trampoline Gymnasts from 9 clubs taking part in this London competition. Thanks are due to the following:

- Janet Bellis plus members, parents and friends of Harlington Hawks
- Staff and management of the Sports Centre for their help in staging this event.
- All officials who have given up their time voluntarily once again.
- The competitors, without whom there would be no competition.

Please ensure that you take all litter with you or use the rubbish bins around the Centre – PLEASE DO NOT LEAVE RUBBISH ON THE FLOOR. Ensure that you have all your property when you leave.

FLOOR ACCESS:

It is not permitted for non British Gymnastics members to set foot on the competition floor due to insurance issues. The competition floor is the matted area around the trampolines and the officials' areas.

PHOTOGRAPHY:

It is no longer necessary for people to register their intention to take photos and/or videos. Please note that flashlight photography is not permitted whilst the competition is going on (this includes warm-ups). However, please see the BG Photo Policy displayed around the arena and in this programme. There may be an official London Region photographer taking photos at this event. Some of these photos will appear on the London Gymnastics website. If a photo of you appears on the website and you are unhappy with this, please notify the webmaster and it will be removed. Only photographers appointed by the London region may take photos on the competition floor.

BRITISH GYMNASTICS PHOTOGRAPHY POLICY:

British Gymnastics Conditions for Audience Photography at Gymnastic Events Short Form:

In order to protect the welfare of children at the event, photography at this event is permitted only on conditions set by British Gymnastics

This is a summary of those conditions. A copy of the full text can be obtained from the Competition Organiser or from the British Gymnastics website www.british-gymnastics.org . If you do not agree to these conditions you may not bring any photo equipment into the venue or take any photos.

1. 'Photos' includes any form of video or still image including those taken with mobile phones.
2. The Competition Organiser (or a person acting on his or her authority) may require anyone at the event:
 - a. Not to take photos – either generally or in particular circumstances.
 - b. To provide their full name and address and evidence of this
 - c. To let the Competition Organiser view any images recorded and to delete any images.
 - d. To surrender media or equipment on which the images have been recorded if they cannot be viewed (e.g. photos on traditional film), or if they can not be deleted.
3. Photos may only be taken and used in accordance with the British Gymnastics Child Protection Policy.
4. Photos may not be used, distributed or copied for commercial purposes.
5. Flash may not be used at any time while gymnasts are warming up or competing

CLUBS COMPETING TODAY:

Must be British Gymnastics *registered* & London Gymnastics *affiliated*

Airscape Trampoline Club
Coney Hall Cosmonauts
Harlington Hawks
Harrow Trampoline Club
Inspire Trampoline Academy
London Trampoline Academy
Queensmead Trampoline Club
Skywalkers Trampoline Club
Twizzlers Trampoline Club

MEDALS & PRESENTATION:

Medals will be awarded to the top three individuals and teams in each Trampoline group at the end of each session. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed.

RESULTS:

Results will be displayed on the wall after each group has finished, therefore please do not crowd around the recorders. Please do not remove results from the wall. Results will be emailed to team managers and will be available on London Gymnastics website.

WELFARE OFFICER:

The Welfare Officer for the London region is Christine Cason who can be contacted on 07504 420629.

COACHING/PERFORMER QUALIFICATION:

Competitors are only allowed to perform competitively those moves that lie within the syllabus of those who are on the competition floor with them. Failure to have a coach adequately qualified with you may mean you have to withdraw, or you have to perform only those moves which lie within your coach's qualification syllabus.

JUDGE COURSE:

CLUB JUDGE:

Dates, Times & Venue

Saturday 19 th March 2016	9.30am – 4.00pm	Harlington Sports Centre
Sunday 20 th March 2016	9.30am – 4.00pm	Harlington Sports Centre

Contact Linda Lawrie on 01932 780313 or lindajslawrie@sky.com

JEWELLERY AND BODY PIERCING:

http://www.british-gymnastics.org/site/index.php?option=com_docman&task=cat_view&gid=374&Itemid=1134

Please see the above link for the latest British Gymnastics policy on this.

The policy applies to all participants and coaches in training and in events at home and abroad. Failure to comply with the policy will prohibit the individual's participation on the grounds of reasonable safety and may render the individual's insurance invalid should an accident result directly from non-compliance with this policy.

Please note that the chewing of gum is not allowed at any phase of the competition for competitors, coaches and officials.

ELECTRONIC DEVICES:

Spectators and gymnasts using any electronic devices including mobile phones should have the volume turned down or wear earphones.

Any games being played on these devices should not cause a distraction during the competition.

SET ROUTINES:

Regional Novice

U9:	U11 – 15+:	OR
Straddle	Front drop	Full twist
Seat drop	To feet	Straddle
To feet	Straddle	Seat drop
Tuck	½ twist	½ twist to
½ twist	Seat drop	½ twist to feet
Pike	½ twist to seat	Pike
Seat drop	½ twist to feet	Back drop
½ twist to feet	Tuck	½ twist to feet
Tuck	Pike	Tuck
Full twist (0.4)	Full twist (0.7)	½ twist (0.8)

Performers are encouraged to use an arm set but no penalty for those not complying. The voluntary routine may include a maximum of one somersault of either 270° OR 360° rotation. Difficulty will be awarded. Tariff cap of 1.2.

Regional Elementary

All age groups

Arm set

Back S/S (T)

Straddle

Seat drop

½ twist to seat

½ twist to feet

Pike

Back drop

½ twist to feet

Tuck

Full twist (1.2)

OR

Arm set

½ twist to front

To feet

Straddle

Full twist

Pike

Back drop

½ twist to feet

Tuck

½ twist

Front S/S (T) (1.4)

The voluntary routine may include a maximum of three elements between 270° & 360° of somersault rotation. No elements of more than 360° of somersault rotation allowed.

For Elementary voluntary routines, if a skill of more than 360° of somersault rotation is used, the routine will terminate at that point. For Intermediate voluntary routines, if a skill of more than 450° of somersault rotation is used, the routine will terminate at that point.

Regional Intermediate

All age groups

Arm set

Back S/S (T)

Straddle

Back S/S to seat (T)

½ twist to feet

½ twist

Pike

Back drop

½ twist to feet

Tuck

Front S/S (P) (2.1)

OR

Arm set

Back S/S (P)

Straddle

Seat drop

½ twist to seat

½ twist to feet

Tuck

Barani (T)

½ twist

Pike

Front S/S (P) (2.1)

The voluntary routine may include a maximum of seven elements between 270° & 450° of somersault rotation. No elements of more than 450° of somersault rotation allowed.

For Novice, Elementary and Intermediate voluntary routines, if the maximum number of somersaults is exceeded, the routine will be terminated at that point.

Regional Advanced

All age groups

10 different elements with:

● At least seven somersaults of at least 270° somersault rotation to include one of the following three elements:

○ One move of at least 270° of somersault rotation landing on front or back, followed by an element of at least 450° somersault rotation OR

○ A back somersault with 360° somersault rotation and a full twist OR

○ A front somersault with 360° somersault rotation and 1½ twists Please asterisk this one element or combination

Voluntary routine tariff limit 8.5

Arm Set

Regional Elementary and Regional Intermediate require an arm set. An arm set is defined as:

‘Any action that causes the arms to be above the shoulders at maximum depression prior to the start of the routine’

The Chair of the panel will be responsible for determining whether the arm set was performed. Failure to perform the arm set will result in a deduction of 0.1 from each execution judge.

This is for the Set Routine ONLY. It does not apply to Regional Novices, Regional Synchro or Regional DMT.

TIMETABLE – SUNDAY 7TH FEBRUARY 2016:

WARM UP: There will be no warm up marshals – performers must form an orderly queue for their turn. There will be a timed warm up therefore no guarantee of any specific number of warm ups can be given. Performers may use either trampoline. Club managers are responsible for their performers at the trampolines during this time (i.e. there will be no official at each bed). Spotting, assistance for performers getting on or off the trampoline or any other assistance is the responsibility of the club. Competitors will need to warm up both their set and voluntary routines during their allotted warm up time – there will be no separate warm up session for the voluntary.

SET & VOLUNTARY ROUTINES: After warm up, there will be a one touch warm up where the competitor will have to choose which routine to practise. The performers will then return to the marshalling area and be called to compete in programme order. They will all compete their set then all compete their voluntary in the same order. There will be no warm ups between routines so performers must be ready to compete (with spotters) as soon as required.

FINALS: The top eight after the first two rounds will proceed to the final of the London Regional Competition only. Each performer will be given one warm up before competing. For groups that have been split into flights, those from the last flight will be offered one warm up, all others will be offered two.

Where there are **8 or less** gymnasts in a group the final will be accumulative of all three routines but with more **than 8** gymnasts in a group, the final will be from zero.

All timings are approximate. The competition organisers reserve the right to start groups early if the event is running ahead of time but will not run more than one hour ahead of programme time. The competition organisers accept no responsibility for competitors who miss their turn due to changes to the above nor for the competition running early or late. Presentations at the end of each flight approximately.

PANEL 1

PANEL 2

PANEL 3

Session 1

W/up set & vol	9:00 – 9:25am	Novice U11 (17)	Novice U9 (12)	Intermediate U15G (11)
1 touch	9:25 – 9:35am		Elementary U11G (3)	
Compete & Finals	9:35 – 10:25am			

Session 2

W/up set & vol	10:25 – 10:55am	Novice U13 (17)	Elementary U15G (21)	Elementary O15L (14)
1 touch	10:55 – 11:05am	Elementary U15B (4)		Elementary O15M (4)
Compete & Finals	11:05 – 12:15pm			

12:15 - 12:45pm

LUNCH FOR OFFICIALS

Session 3

W/up set & vol	12:15 – 12:45pm	Novice U15 (14)	Intermediate U15B (2)	Advanced Ladies (9)
1 touch	12:45 – 12:55pm	Novice O15 (10)	Intermediate O15L (11)	Advanced Men (6)
			Intermediate O15M (5)	
Compete & Finals	12:55 – 2:05pm			

Presentations will take place as soon as possible after the end of each discipline. All those receiving awards MUST be in club kit. No one will be allowed on the podium unless correctly dressed. Please note that all timings are approximate and the organisers reserve the right to begin groups early if the event is running ahead of schedule. The organisers accept no responsibility for those missing their turn due to changes to the above.

OFFICIALS

PANEL 1		
Chair	Chris Geary	Harlington Hawks
Execution Judge 1	Pat Neil	Harrow
Execution Judge 2	Angela Moore	Twizzlers
Execution Judge 3	Jo Furnston	London Trampoline Academy
Execution Judge 4	Debbie Mitchell	Queensmead
Execution Judge 5	Jane Evans	Airscape
Tariff Judge 1	Kelly Booth / Beeshman Sivakanthan	Harrow
Tariff Judge 2	Lynette Ottley	Skywalkers
Computer	Deborah Porton	Harrow
Recorder	Sara Scott	Coney Hall Cosmonauts
Marshal	Jodie Grier / Paul Howard	Inspire
PANEL 2		
Chair	Stephanie Hallam	Queensmead
Assistant Chair	Mustafa Ozturk	Airscape
Execution Judge 1	Claire Collett	Airscape
Execution Judge 2	Acacia Jarvis	Inspire
Execution Judge 3	Ellie Gent	Coney Hall Cosmonauts
Execution Judge 4	Rathy Sivakanthan	Harrow
Execution Judge 5	Andrew Collier	Queensmead
Tariff Judge 1	Jan Harley	Harrow
Tariff Judge 2	Graham Atkins	Coney Hall Cosmonauts
Computer	Jamila Fadhlaoui	Coney Hall Cosmonauts
Recorder	Emille Wardle	Airscape
Marshal	Sonja Cahill	Harrow
PANEL 3		
Chair	Harriet Curtis	Coney Hall Cosmonauts
Execution Judge 1	Richard Hurford	London Trampoline Academy
Execution Judge 2	Alice Clifford	Queensmead
Execution Judge 3	Noah Gill	Harrow
Execution Judge 4	Anthony Ottley	Skywalkers
Execution Judge 5	Diane Moriarty	Queensmead
Tariff Judge 1	Clive Morgan	Inspire
Tariff Judge 2	Doug Simon	London Trampoline Academy
Computer	Tabitha Gent	Coney Hall Cosmonauts
Recorder	Fiona Cole / Mr Broadley	Queensmead

Marshal	Lois Browne	Skywalkers
Qualified Reserves		
	None	
Unqualified Reserves		
	Rebecca Bird	Twizzlers
	Mrs Greenshields / Mr Goodwin	Queensmead
Organisation		
Competition Organisers	Bal Dowrich	Independent
	Kirsty Sweet	London Trampoline Academy
Database	Karen Gent	Coney Hall Cosmonauts
Judges	Linda Lawrie	Harlington Hawks
Computers	Andrew Wood/Karen Gent	HH/Coney Hall Cosmonauts
Computer set up	Andrew Wood	Harlington Hawks
Floor Manager	Janet Bellis	Harlington Hawks
Medals	Organisers	
Lunches	Caroline Randall	Harrow
Lunches	Mr Zaire / Mrs McKane	Queensmead

NO CHANGES TO THE ABOVE WITHOUT THE PRIOR CONSENT OF THE JUDGING COORDINATOR

OCCASIONALLY IT MAY BE NECESSARY TO ASK OFFICIALS TO CHANGE JOB AND/OR PANEL ON THE DAY.

SHOULD THIS OCCUR, THE JUDGING CO-ORDINATOR ASKS FOR YOUR COOPERATION IN THIS MATTER

London Regional Trampoline 2 - Competitors:

Start No	Club Name	Competition Name	Gymnast name	Teams
1	Inspire Trampoline Academy	London Regional Novice U9	Ryan Angus	
2	Harrow Trampoline Club	London Regional Novice U9	Katie Cahill	A
3	Airscape	London Regional Novice U9	Bryn Carson	A
4	Inspire Trampoline Academy	London Regional Novice U9	Shea Dunston	
5	Queensmead Trampoline Club	London Regional Novice U9	Alexis Moriarty-Wright	
6	Skywalkers	London Regional Novice U9	Razaan Nabhan	A
7	Skywalkers	London Regional Novice U9	Maysa Popa Sayed	A
8	Harrow Trampoline Club	London Regional Novice U9	Lauren Randall	A
9	Skywalkers	London Regional Novice U9	Tiago Sousa Gallego	A
10	Harrow Trampoline Club	London Regional Novice U9	Annabelle Suffield	A
11	Airscape	London Regional Novice U9	Natalia Vinnell	A
12	Airscape	London Regional Novice U9	Alex Woloch	A
1	Harrow Trampoline Club	London Regional Novice U11	Sarina Shah	
2	Inspire Trampoline Academy	London Regional Novice U11	Abbie Wilkinson	
3	London Trampoline Academy	London Regional Novice U11	Thomas Prior	A
4	Skywalkers	London Regional Novice U11	Rubie Stiffeu	A
5	Skywalkers	London Regional Novice U11	Lana Mulholland	A
6	Coney Hall Cosmonauts	London Regional Novice U11	Summer Mae O'Neil	
7	Coney Hall Cosmonauts	London Regional Novice U11	Shauna Mcglynn	
8	Queensmead Trampoline Club	London Regional Novice U11	Julie Zaire	A
9	Inspire Trampoline Academy	London Regional Novice U11	Lucy Corless	
10	Airscape	London Regional Novice U11	Hani Bulos	
11	Skywalkers	London Regional Novice U11	Ella Jenvey	A
12	Harrow Trampoline Club	London Regional Novice U11	Ciara O'Shea	
13	Queensmead Trampoline Club	London Regional Novice U11	Charlotte Bye	A
14	Skywalkers	London Regional Novice U11	Alexandra Nemostruk	A
15	Queensmead Trampoline Club	London Regional Novice U11	Stephen Caulfield	A
16	London Trampoline Academy	London Regional Novice U11	Zoe Kemp	A
17	London Trampoline Academy	London Regional Novice U11	Ocean Omari	A
1	Harrow Trampoline Club	London Regional Novice U13	Remy Lekieffre	
2	Queensmead Trampoline Club	London Regional Novice U13	Amy Fuller	
3	Queensmead Trampoline Club	London Regional Novice U13	Lauren Mccarthy	
4	Coney Hall Cosmonauts	London Regional Novice U13	Ciara Mcglynn	
5	Queensmead Trampoline Club	London Regional Novice U13	Tia Newman	
6	Airscape	London Regional Novice U13	Reece Frost	A
7	Queensmead Trampoline Club	London Regional Novice U13	Renee Renner-Thomas	
8	Queensmead Trampoline Club	London Regional Novice U13	Mia Linnell	
9	Harrow Trampoline Club	London Regional Novice U13	Joseph Vernazza	
10	Airscape	London Regional Novice U13	Lola Fried-Jones	
11	Harrow Trampoline Club	London Regional Novice U13	Jenin Meghjee-Caine	A
12	Queensmead Trampoline Club	London Regional Novice U13	Maya Roberts	
13	Harrow Trampoline Club	London Regional Novice U13	Mia Carr	
14	Harrow Trampoline Club	London Regional Novice U13	Jamie Cahill	A

15	London Trampoline Academy	London Regional Novice U13	Oliver Taranoski	
16	Skywalkers	London Regional Novice U13	Cian East-Sharpe	
17	Airscape	London Regional Novice U13	Cheryl Keogh	A
1	Queensmead Trampoline Club	London Regional Novice U15	Mala Pearson	
2	Inspire Trampoline Academy	London Regional Novice U15	Sophie Borley-Holden	
3	Airscape	London Regional Novice U15	Florence Williams	
4	Harrow Trampoline Club	London Regional Novice U15	Anya Savvides	A
5	Coney Hall Cosmonauts	London Regional Novice U15	Amy Mewis	
6	Harrow Trampoline Club	London Regional Novice U15	Dorenton Anton	A
7	Skywalkers	London Regional Novice U15	Maisy Hopkins	A
8	Coney Hall Cosmonauts	London Regional Novice U15	Natasha Folan	
9	Skywalkers	London Regional Novice U15	Natalia Sousa Gallego	A
10	Harrow Trampoline Club	London Regional Novice U15	Millie Devine-Tournier	A
11	Queensmead Trampoline Club	London Regional Novice U15	Yasmin Trowbridge	
12	Harrow Trampoline Club	London Regional Novice U15	Natalie Howard	A
13	London Trampoline Academy	London Regional Novice U15	Lisa Ozaki	
14	Skywalkers	London Regional Novice U15	Jaiden Christian-Palmer	A
1	Queensmead Trampoline Club	London Regional Novice O15	Imogene Munns	A
2	Coney Hall Cosmonauts	London Regional Novice O15	Eleanor Gent	
3	Inspire Trampoline Academy	London Regional Novice O15	Coleena Henry-Mitchell	A
4	Harrow Trampoline Club	London Regional Novice O15	Jordan Cork	
5	Inspire Trampoline Academy	London Regional Novice O15	Lola Komolafe	A
6	Queensmead Trampoline Club	London Regional Novice O15	Lily Sparkes	A
7	Harrow Trampoline Club	London Regional Novice O15	Lucie Murphy	
8	Coney Hall Cosmonauts	London Regional Novice O15	Charlotte Folan	
9	Inspire Trampoline Academy	London Regional Novice O15	Rachel Wilkinson	A
10	Queensmead Trampoline Club	London Regional Novice O15	Donna Ventham	A
1	Queensmead Trampoline Club	London Regional Elementary Girls U11	Daisy Eccleston Brogan Sweeney-Mcintosh	
2	Skywalkers	London Regional Elementary Girls U11		
3	Twizzlers	London Regional Elementary Girls U11	Lily Dering	
1	Airscape	London Regional Elementary Girls U15	Nia Carson	
2	Queensmead Trampoline Club	London Regional Elementary Girls U15	Alys Greenshields	
3	Harrow Trampoline Club	London Regional Elementary Girls U15	Lilia Szydowska	A
4	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Mia Watson	A
5	Queensmead Trampoline Club	London Regional Elementary Girls U15	Isabelle Munns	
6	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Anna Stone	A
7	Queensmead Trampoline Club	London Regional Elementary Girls U15	Isobel Caulfield	
8	Twizzlers	London Regional Elementary Girls U15	Amalie Britton	A
9	Twizzlers	London Regional Elementary Girls U15	Aoife Carter	A
10	Skywalkers	London Regional Elementary Girls U15	Charlotte Liddell	
11	Twizzlers	London Regional Elementary Girls U15	Mary-Jane Racket	A
12	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Grace Scott	A
13	Harrow Trampoline Club	London Regional Elementary Girls U15	Kemi Oduntan	A
14	Queensmead Trampoline Club	London Regional Elementary Girls U15	Elinor Greenshields	
15	Harrow Trampoline Club	London Regional Elementary Girls U15	Kirstie Horsley	A
16	Twizzlers	London Regional Elementary Girls U15	Chaya Kennedy	A

17	Queensmead Trampoline Club	London Regional Elementary Girls U15	Scarlet Devaney	
18	Coney Hall Cosmonauts	London Regional Elementary Girls U15	Ellie Harris	A
19	Queensmead Trampoline Club	London Regional Elementary Girls U15	Danielle Shaw	
20	Harrow Trampoline Club	London Regional Elementary Girls U15	Ilze Ojere	A
21	Airscape	London Regional Elementary Girls U15	Megan French	
1	London Trampoline Academy	London Regional Elementary Boys U15	Peter Omari	
2	Queensmead Trampoline Club	London Regional Elementary Boys U15	Kobi Angel	
3	Coney Hall Cosmonauts	London Regional Elementary Boys U15	William O'Dwyer	
4	Harrow Trampoline Club	London Regional Elementary Boys U15	Evan Yiallourous	
1	Airscape	London Regional Elementary Ladies O15	Eloise Newton	A
2	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Tabitha Gent	A
3	Queensmead Trampoline Club	London Regional Elementary Ladies O15	Emma Broadley	
4	Inspire Trampoline Academy	London Regional Elementary Ladies O15	Jodi Grier	
5	Harrow Trampoline Club	London Regional Elementary Ladies O15	Orli Ash	
6	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Karen Gent	A
7	Harrow Trampoline Club	London Regional Elementary Ladies O15	Holly Porton	
8	Harrow Trampoline Club	London Regional Elementary Ladies O15	Gemma Caplan	
9	Queensmead Trampoline Club	London Regional Elementary Ladies O15	Rachel Broadley	
10	Harrow Trampoline Club	London Regional Elementary Ladies O15	Tara O'Shea	
11	Airscape	London Regional Elementary Ladies O15	Sahib Ubhie	A
12	Coney Hall Cosmonauts	London Regional Elementary Ladies O15	Jamila Fadhlaoui	A
13	Airscape	London Regional Elementary Ladies O15	Caitlin Doyle	A
14	Harrow Trampoline Club	London Regional Elementary Ladies O15	Rahma Hassan	
1	Inspire Trampoline Academy	London Regional Elementary Men O15	Paul Howard	
2	Coney Hall Cosmonauts	London Regional Elementary Men O15	Brian Edwards	
3	Queensmead Trampoline Club	London Regional Elementary Men O15	Simon Hamlin	
4	Inspire Trampoline Academy	London Regional Elementary Men O15	Lascelle Sandy	
1	Queensmead Trampoline Club	London Regional Intermediate Girls U15	Leyla Goodwin	
2	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Katrina Spencer	A
3	Harrow Trampoline Club	London Regional Intermediate Girls U15	Samantha Hall	
4	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Emelie Torlot	A
5	Harrow Trampoline Club	London Regional Intermediate Girls U15	Sandhya Sivakanthan	
6	London Trampoline Academy	London Regional Intermediate Girls U15	Mia Dillon	
7	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Elise Swatton	A
8	Twizzlers	London Regional Intermediate Girls U15	Eloise North	
9	Queensmead Trampoline Club	London Regional Intermediate Girls U15	Ally Sharp	
10	London Trampoline Academy	London Regional Intermediate Girls U15	Brooke Webster	
11	Coney Hall Cosmonauts	London Regional Intermediate Girls U15	Kylah Wallace	A
1	Twizzlers	London Regional Intermediate Boys U15	Joseph Moore	
2	Airscape	London Regional Intermediate Boys U15	George Evans	
1	Harrow Trampoline Club	London Regional Intermediate Ladies O15	Sophie Harris	A
2	London Trampoline Academy	London Regional Intermediate Ladies O15	Paulina Lisiecka	
3	Coney Hall Cosmonauts	London Regional Intermediate Ladies O15	Cerys Williams	A
4	Harrow Trampoline Club	London Regional Intermediate Ladies O15	Sarah Collins	A
5	Queensmead Trampoline Club	London Regional Intermediate Ladies O15	Susan Cox	

6	Harlington Hawks Trampoline Club	London Regional Intermediate Ladies O15	Katie Williams	
7	Twizzlers	London Regional Intermediate Ladies O15	Freya Camille	
8	Coney Hall Cosmonauts	London Regional Intermediate Ladies O15	Tara Lee	A
9	Harrow Trampoline Club	London Regional Intermediate Ladies O15	Esma Kabadayi	A
10	Coney Hall Cosmonauts	London Regional Intermediate Ladies O15	Emily Arnold	A
11	Twizzlers	London Regional Intermediate Ladies O15	Tianee Camille	
1	Harrow Trampoline Club	London Regional Intermediate Men O15	Leo Yiallourous	
2	Coney Hall Cosmonauts	London Regional Intermediate Men O15	Sam Mckane	
3	Queensmead Trampoline Club	London Regional Intermediate Men O15	William Mckane	
4	Skywalkers	London Regional Intermediate Men O15	Karim El Houssami	
1	Queensmead Trampoline Club	London Regional Advanced Ladies	Rebecca Hallam	
2	Coney Hall Cosmonauts	London Regional Advanced Ladies	Isabelle Atack	
3	Queensmead Trampoline Club	London Regional Advanced Ladies	Stephanie Cole	
4	Harrow Trampoline Club	London Regional Advanced Ladies	Thiviya Sivakanthan	
5	Queensmead Trampoline Club	London Regional Advanced Ladies	Emma Collier	
6	London Trampoline Academy	London Regional Advanced Ladies	Corinna Hoppe	
7	Queensmead Trampoline Club	London Regional Advanced Ladies	Amanda Tropp	
8	London Trampoline Academy	London Regional Advanced Ladies	Fox White	
9	Queensmead Trampoline Club	London Regional Advanced Ladies	Charlotte Mitchell	
1	London Trampoline Academy	London Regional Advanced Men	Kai Juttla	A
2	Coney Hall Cosmonauts	London Regional Advanced Men	Oliver Presman	A
3	London Trampoline Academy	London Regional Advanced Men	Otis McAuliffe	A
4	Coney Hall Cosmonauts	London Regional Advanced Men	Luke Smith	A
5	London Trampoline Academy	London Regional Advanced Men	Kinquaid Malik-White	A
6	Coney Hall Cosmonauts	London Regional Advanced Men	David Gotts	A

COMPETITION CALENDAR LONDON 2016

Event Name & Date

Closing Date

Venue

London NDP Regional Series 1

Saturday 5th December 2015

23:00hrs Monday
16th November 2015

Kingston Trampoline Academy
Arena, Kingston College,
Kingston upon Thames, Surrey
KT1 2AQ
020 8941 7083

London Region DMT 1

Thursday 14th January 2016

23:00hrs Monday
14th December 2015

London DMT
Reynolds Sports Centre,
Gunnersbury Lane, W3 8EY
07950 267655

London Region Trampoline 1

Sunday 17th January 2016

23:00hrs Monday
14th December 2016

Harlington Hawks
Harlington Sports Centre
Pinkwell Lane, Hayes. UB3 1PB
020 8569 3211

London Region DMT 2 Thursday 4 th February 2016	23:00hrs Monday 18 th January 2016	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
London NDP Regional Series 2 Saturday 6 th February 2016	23:00hrs Monday 18 th January 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Regional Trampoline 2 Sunday 7 th February 2016	23:00hrs Monday 18 th January 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region DMT 3 Thursday 3 rd March 2016	23:00hrs Monday 15 th February 2016	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
TRA NDP Regional Team Qualifier Saturday 5 th March 2016	23:00hrs Monday 15 th February 2016	Kingston Trampoline Academy Arena, Kingston College, Kingston upon Thames, Surrey 020 8941 7083
London Region Trampoline 3 Sunday 6 th March 2016	23:00hrs Monday 15 th February 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region DMT 4 Thursday 21st April 2016	23:00hrs Mon 4 th April 2016	London DMT Reynolds Sports Centre, Gunnersbury Lane, W3 8EY 07950 267655
London Region Trampoline 4 Sunday 10th April 2016	23:00hrs Monday 21st March 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
London Region Trampoline Championships plus London Closed 2016 Saturday 11 th & Sunday 12 th June 2016	23:00hrs Monday 16 th May 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211
Synchro & DMT Championships Sunday 9 th October 2016	23:00hrs Monday 19 th September 2016	Harlington Hawks Harlington Sports Centre Pinkwell Lane, Hayes. UB3 1PB 020 8569 3211



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